



European Society of
Regional Anaesthesia
& Pain Therapy

ESRA ITALIA

ESRA Italian Chapter

XXVIII CONGRESSO NAZIONALE

PRESIDENTE
DEL CONGRESSO
Luciano Calderone





PALERMO 5-7 Ottobre
XXVIII CONGRESSO
NAZIONALE

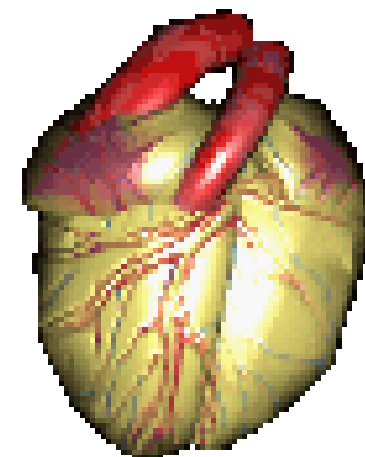
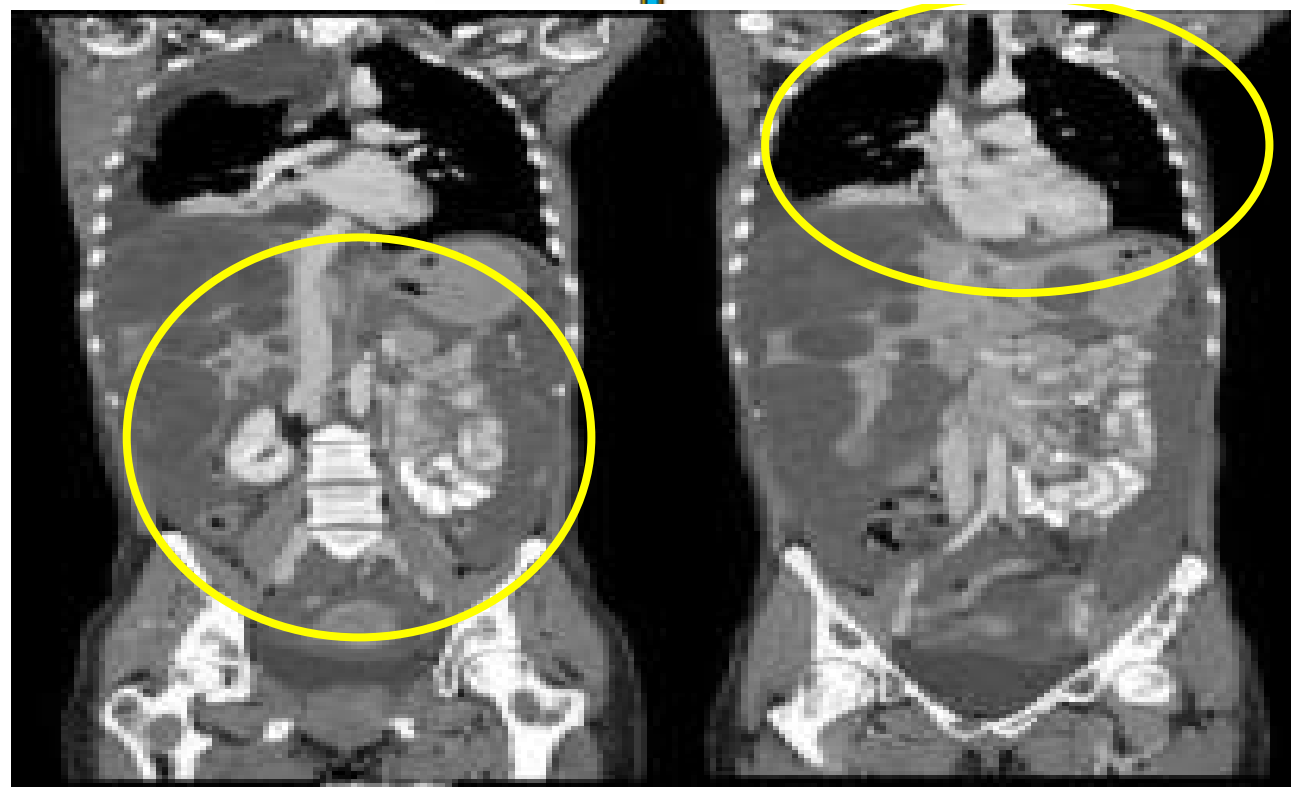
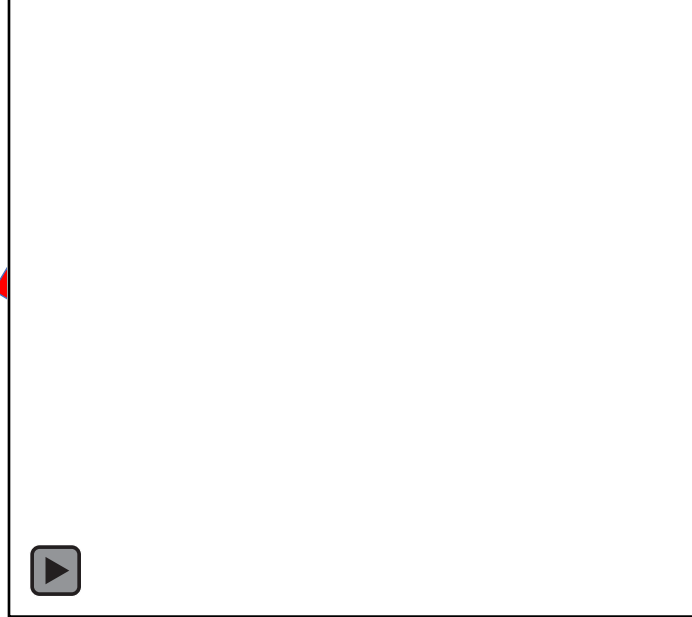
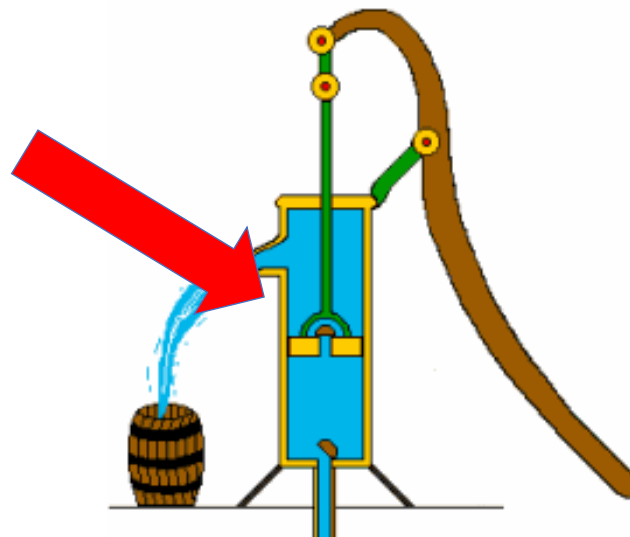


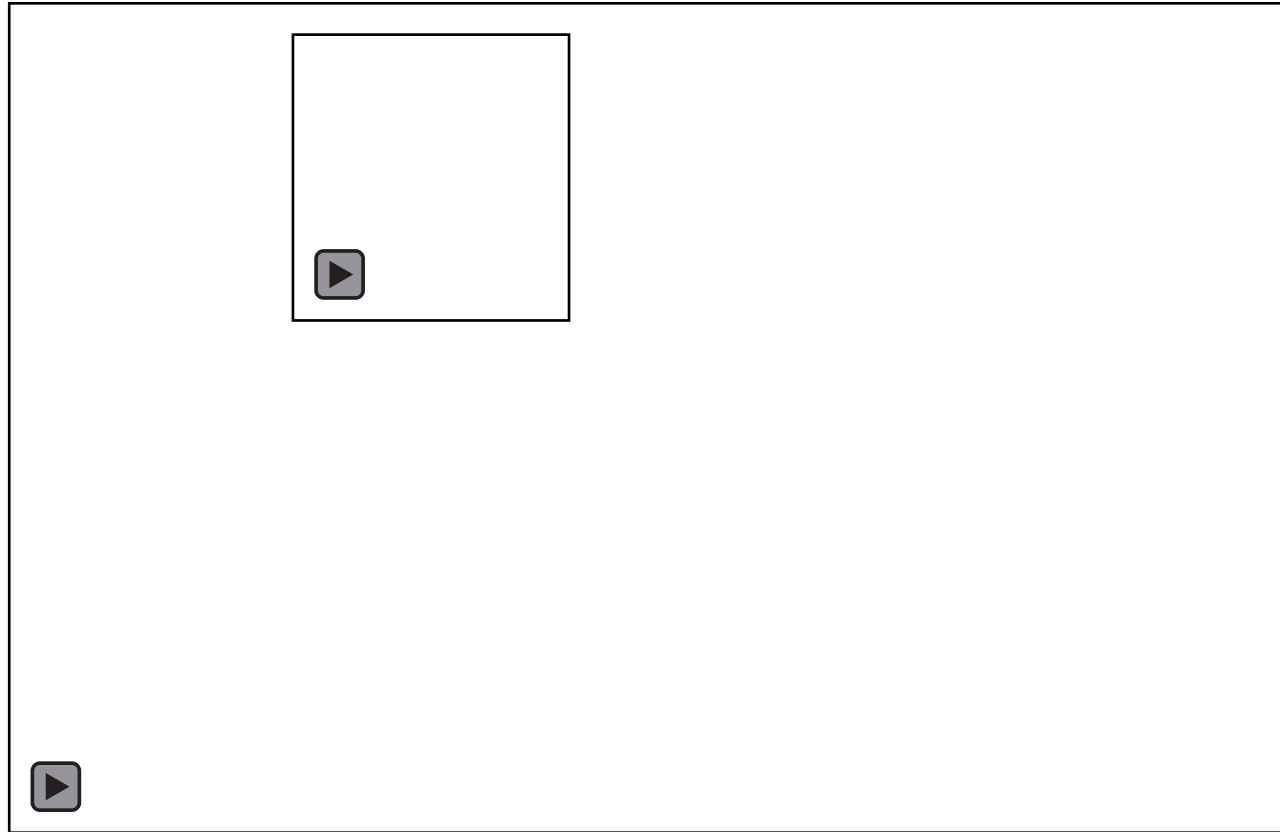
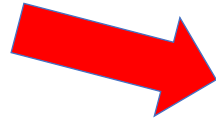
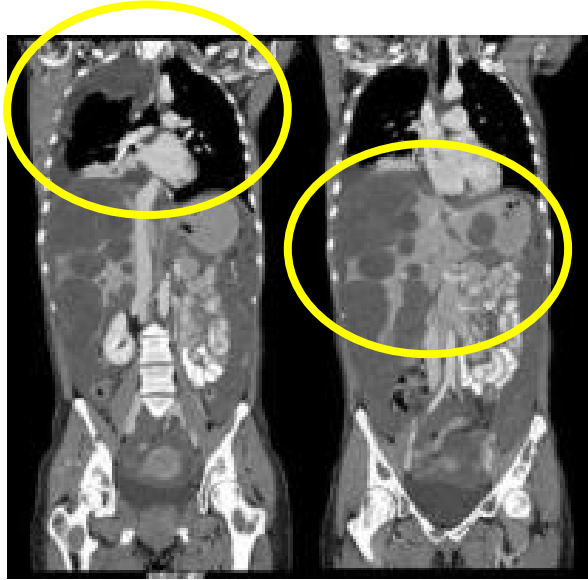
Ultrasound in thoraco-abdominal trauma

A.Anile

Rianimazione
Azienda Policlinico "S.Marco"
Catania







ACR!!!



- NORMAL OR HYPERKINETIC HEART

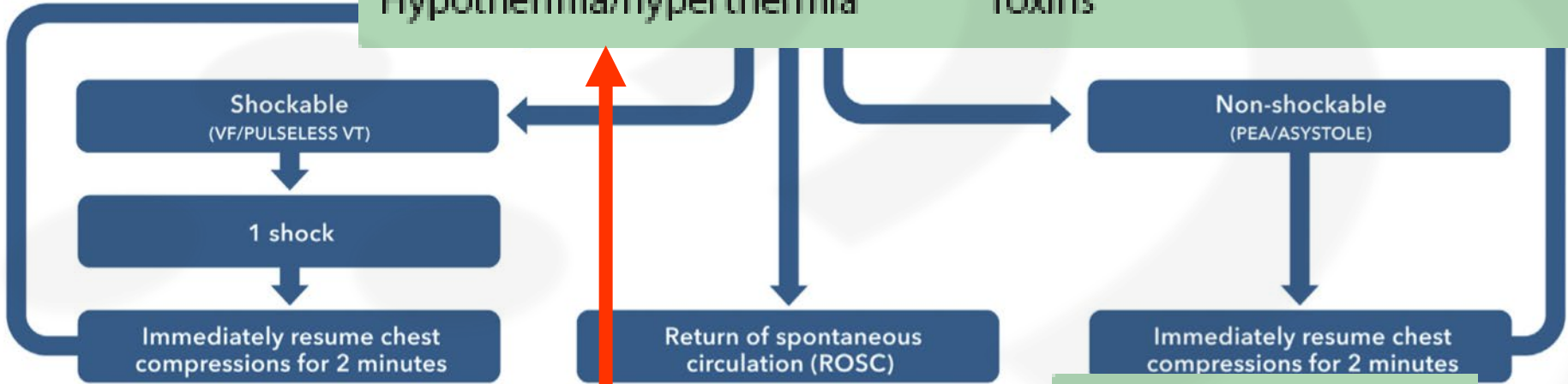
- NORMAL EKG!!



ADVANCED LIFE SUPPORT

TREAT REVERSIBLE CAUSES

Hypoxia ←	Thrombosis – coronary or pulmonary
Hypovolaemia ←	Tension pneumothorax ←
Hypo-/hyperkalaemia/metabolic	Tamponade – cardiac ←
Hypothermia/hyperthermia	Toxins

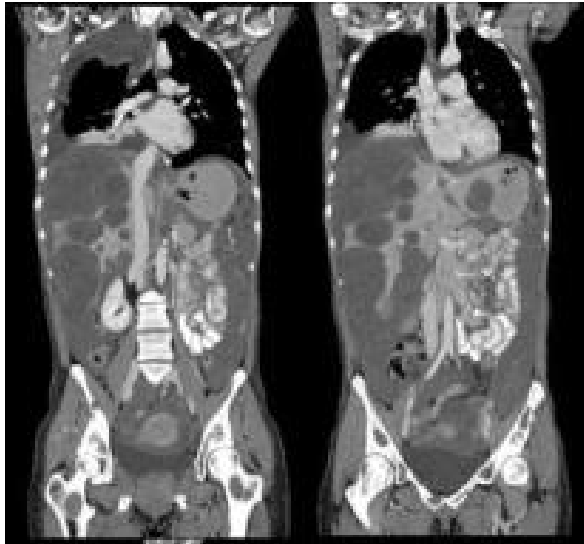


- Give high-quality chest compressions and**
- Give oxygen
 - Use waveform capnography
 - Continuous compressions if advanced airway
 - Minimise interruptions to compressions
 - Intravenous or intraosseous access
- Give adrenaline every 3-5 min
Give amiodarone after 3 shocks
Identify and treat reversible causes

- Identify and treat reversible causes**
- Hypoxia
 - Hypovolaemia
 - Hypo-/hyperkalaemia/metabolic
 - Hypo-/hyperthermia
 - Thrombosis – coronary or pulmonary
 - Tension pneumothorax
 - Tamponade- cardiac
 - Toxins
- Consider ultrasound imaging to identify reversible causes**

- CONSIDER**
- Ultrasound imaging
- Consider the following interventions**
- Mechanical chest compressions to facilitate transfer/treatment
 - Intraosseous CPR
- After ROSC**
- Use an ABCDE approach
 - Aim for SpO₂ of 94-98% and normal PaCO₂
 - 12 Lead ECG
 - Identify and treat cause
 - Targeted temperature management

Thoraco-abdominal trauma

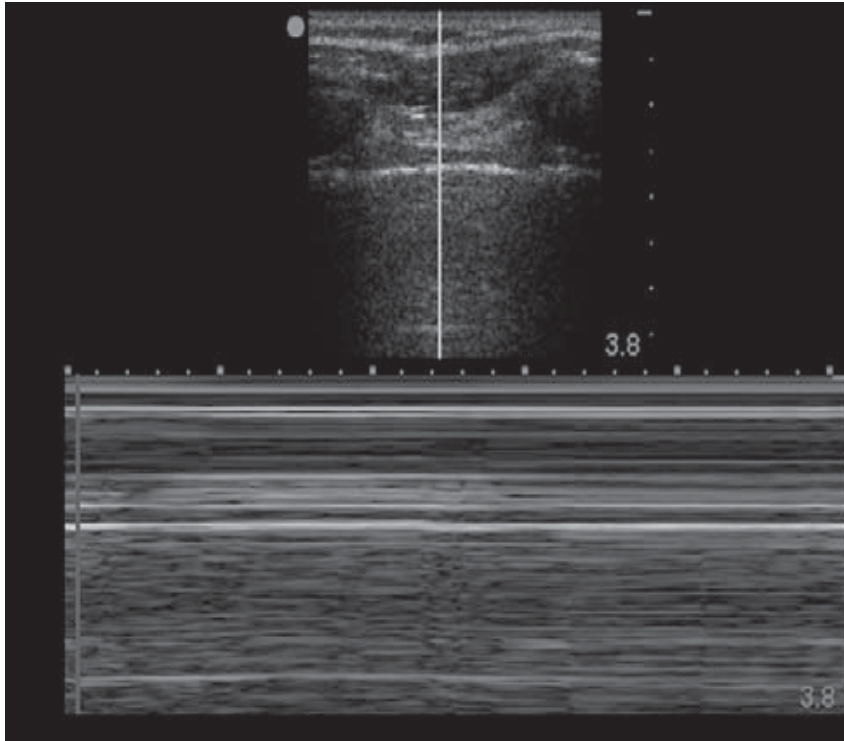


“FREE FLUID”

Focused
Assessment with
Sonography for
Trauma

peritoneum
pericardium
pleura

“PNX”



Extended

Focused

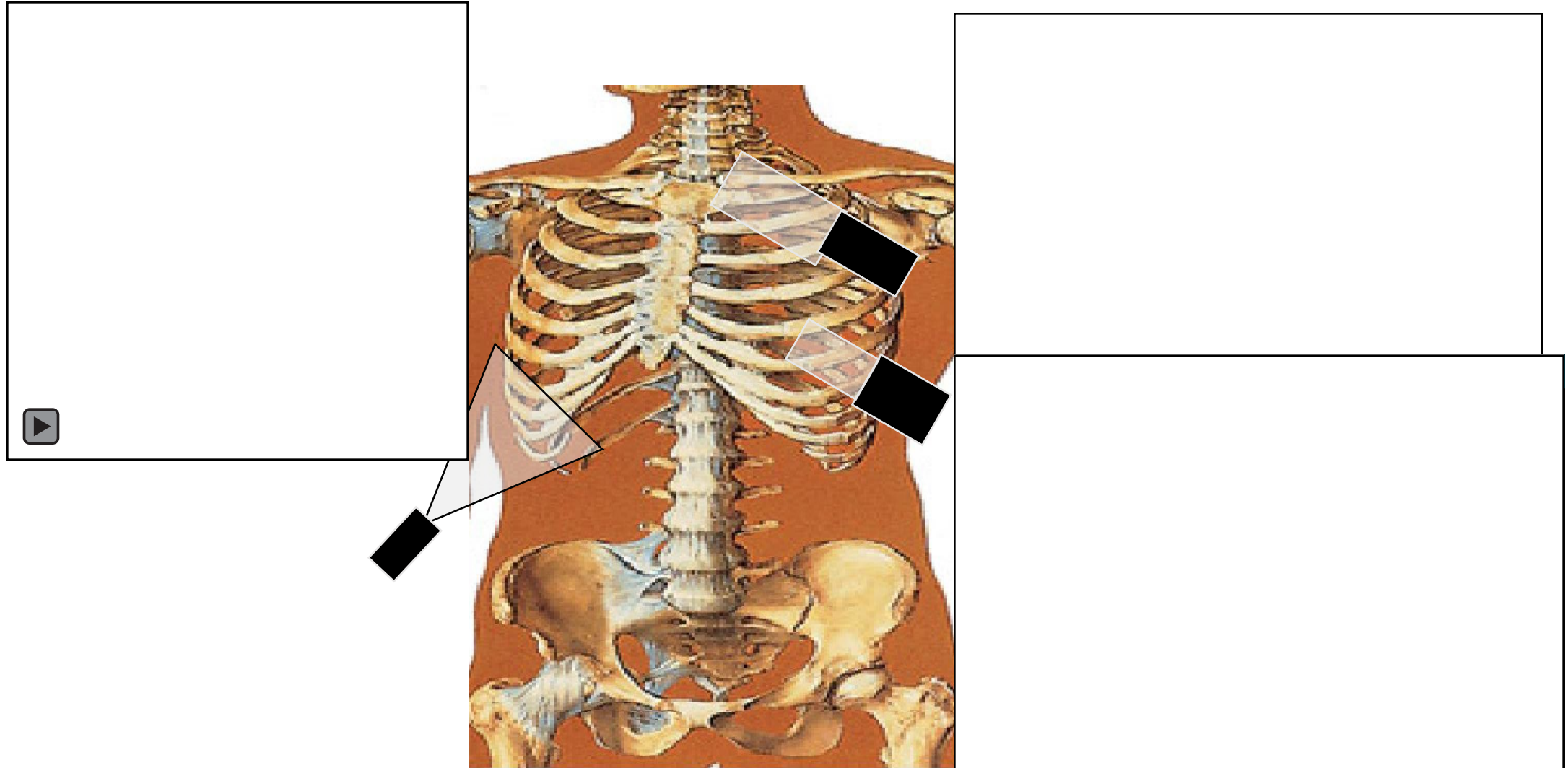
Assessment with

Sonography for

Trauma

Basics of Lung Ultrasound

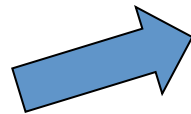
GOALS



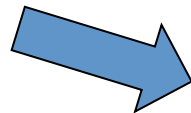
RATIONAL



SEMEIOTICS



Real anatomic images → no air



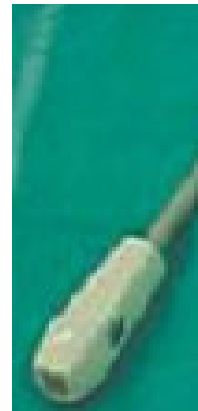
Artifactual images → air



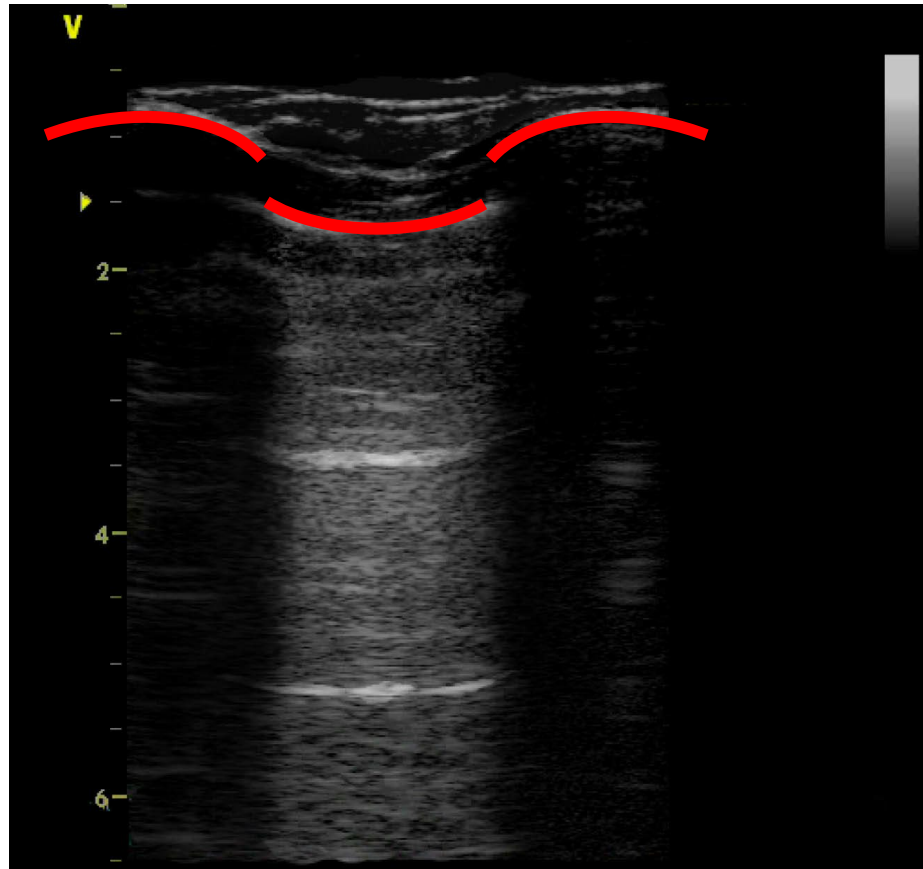
convex (3,5 – 5 MHz)



Linear (7-10 MHz)



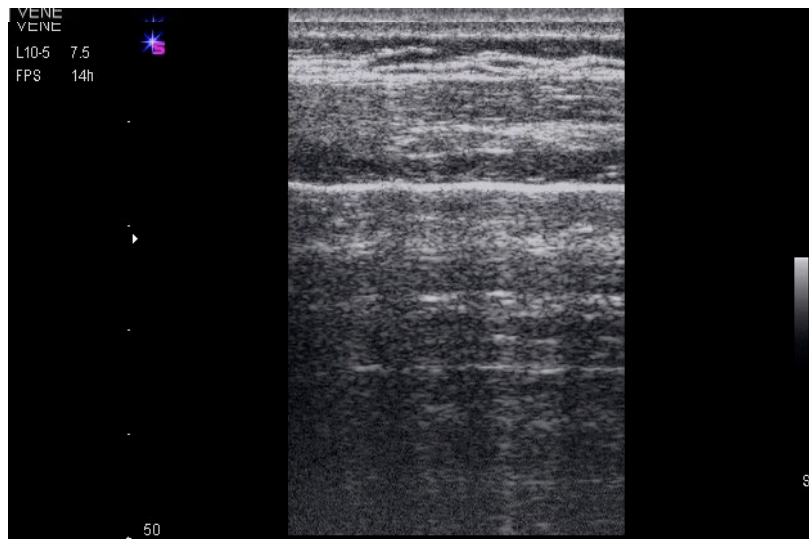
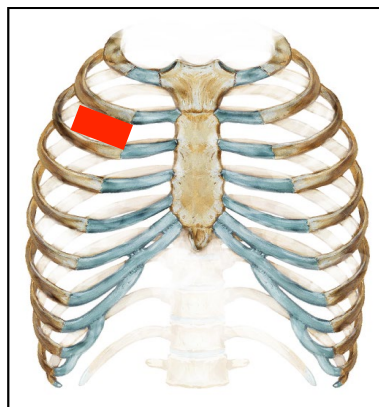
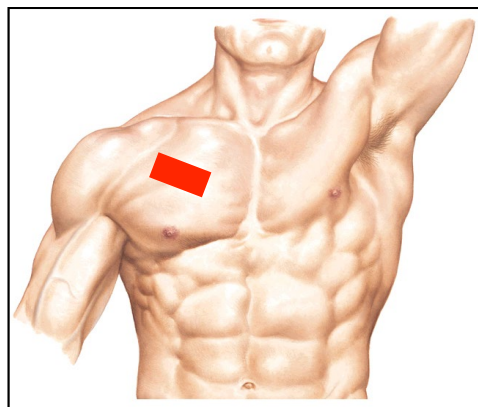
sector (3,5 – 5 MHz)

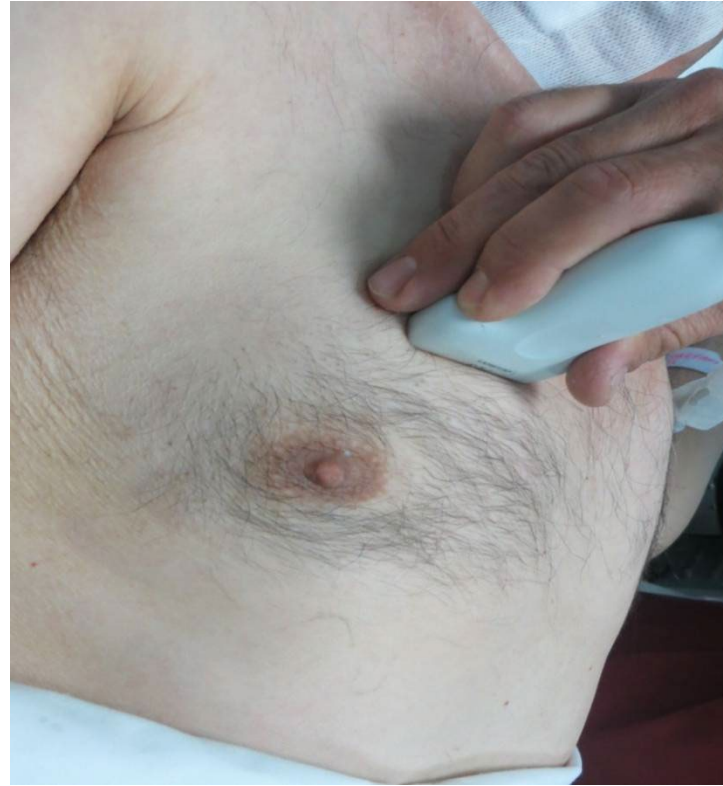


The "BAT SIGN"

Lichtenstein D. Crit Care Med 2007 Vol. 35, No. 5 (Suppl.)

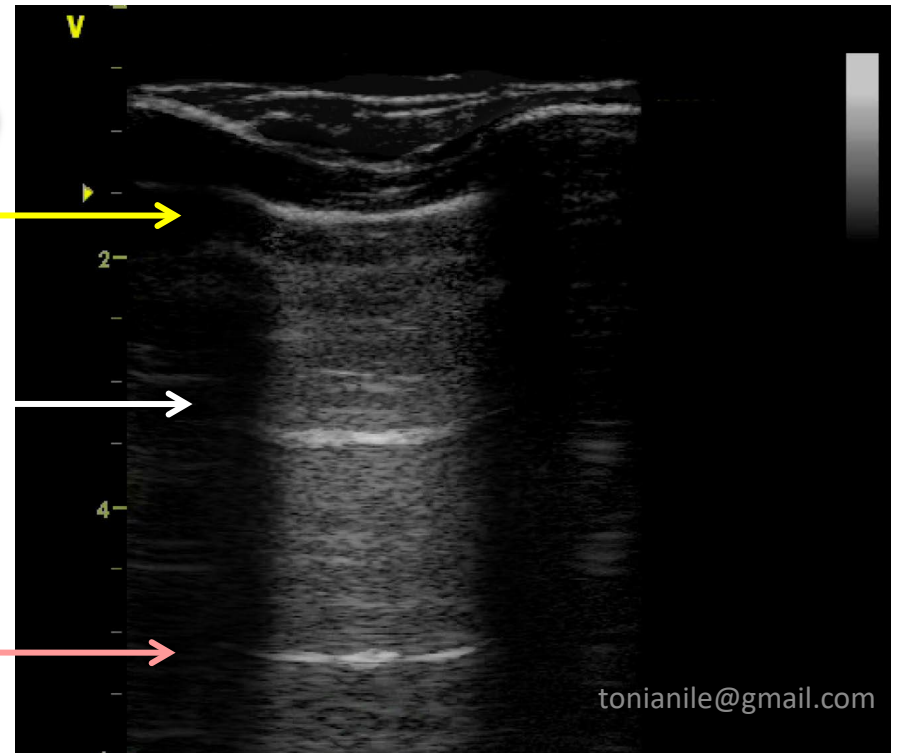
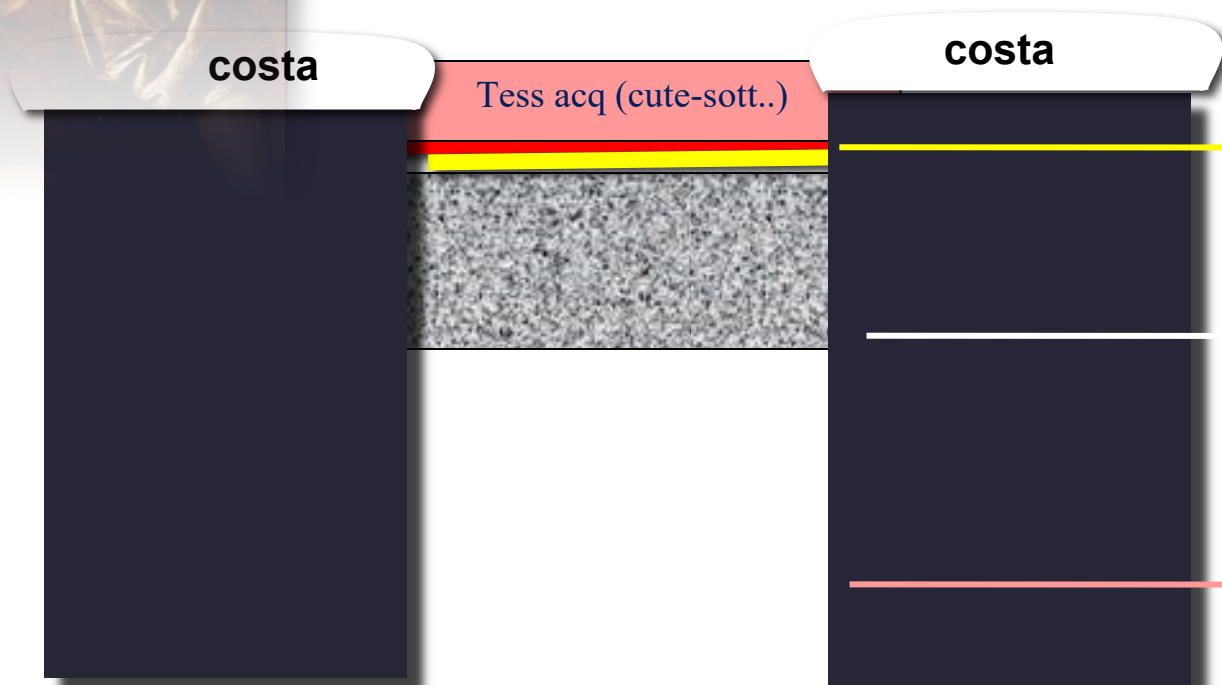
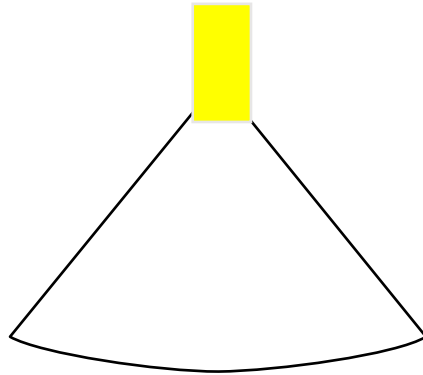
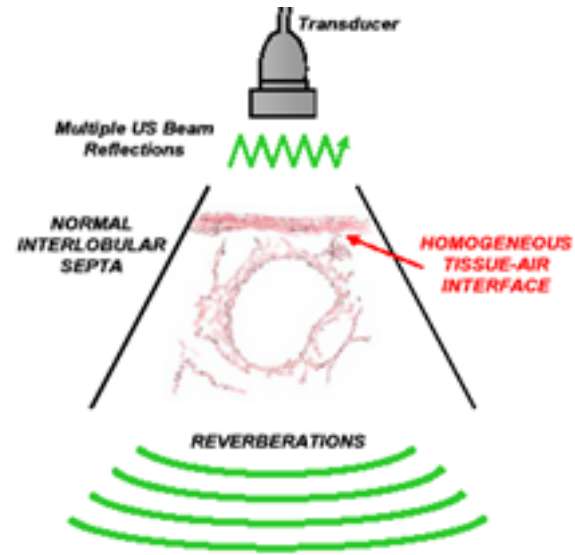


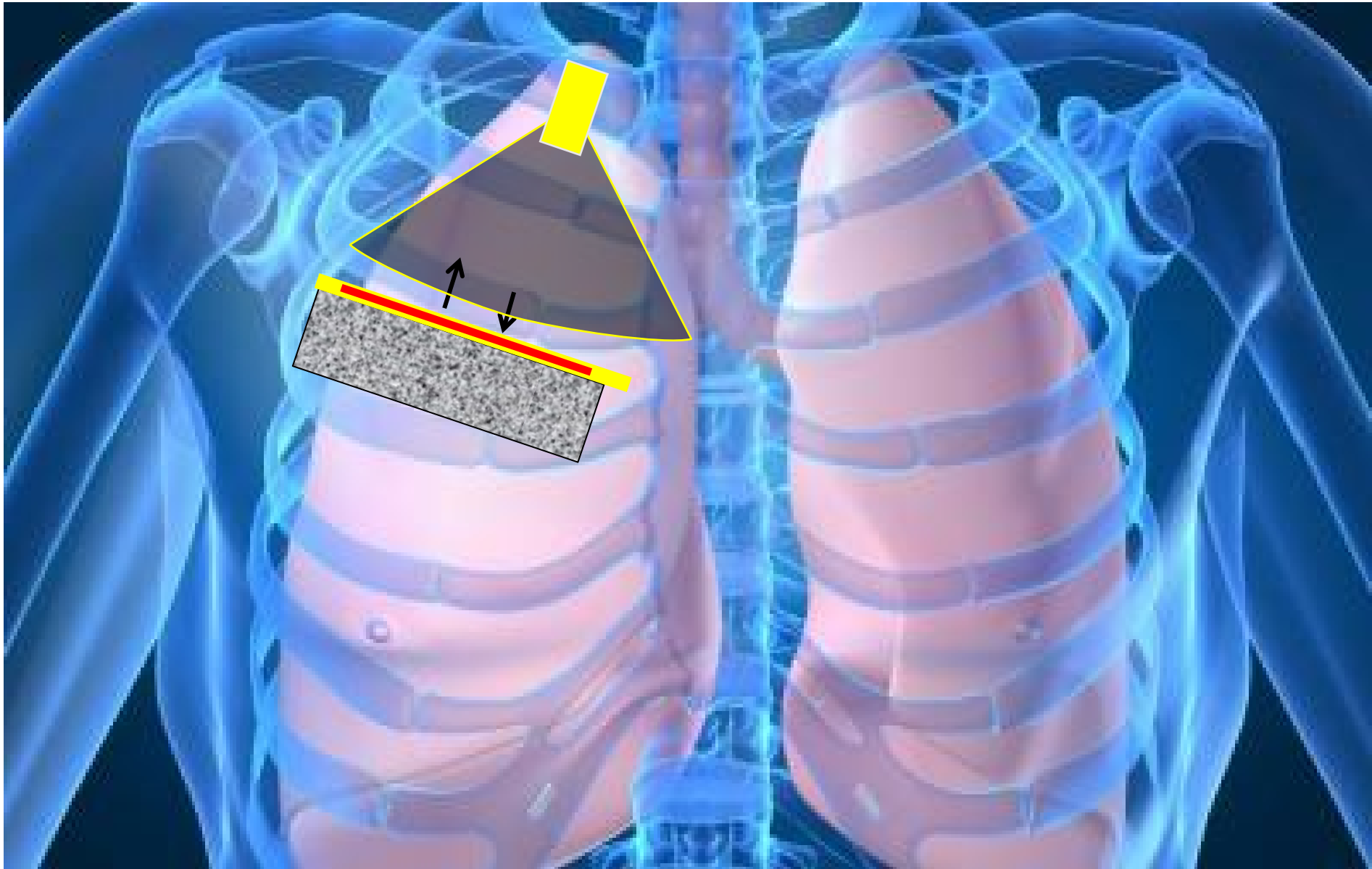


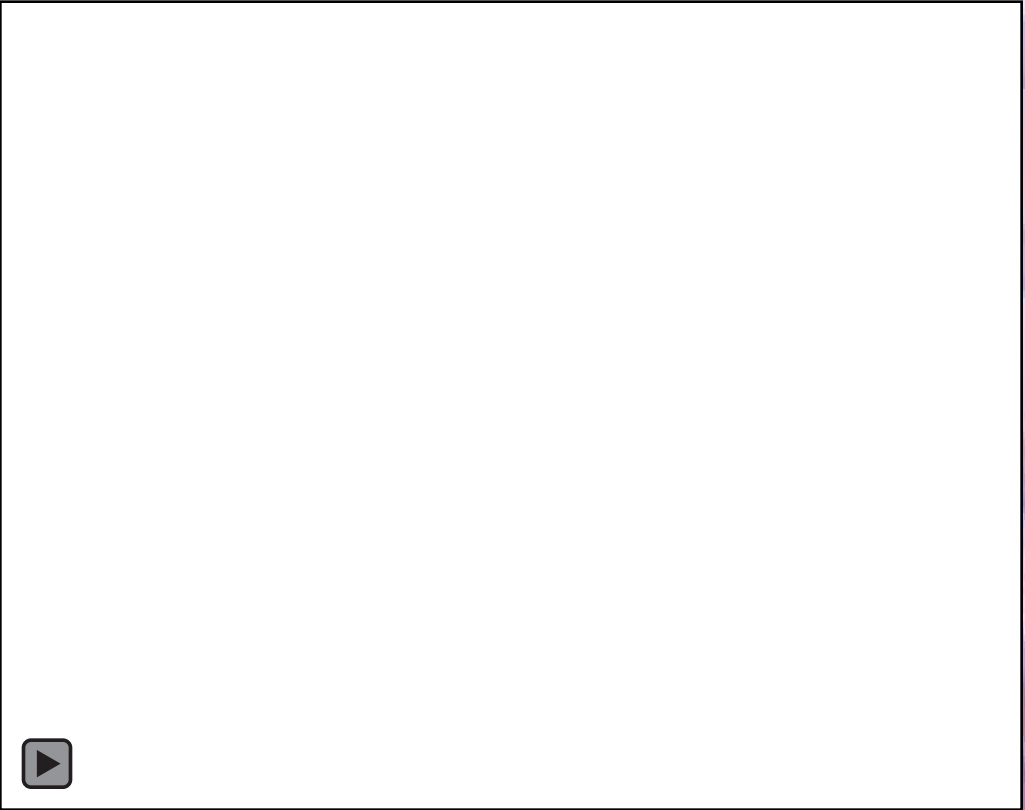
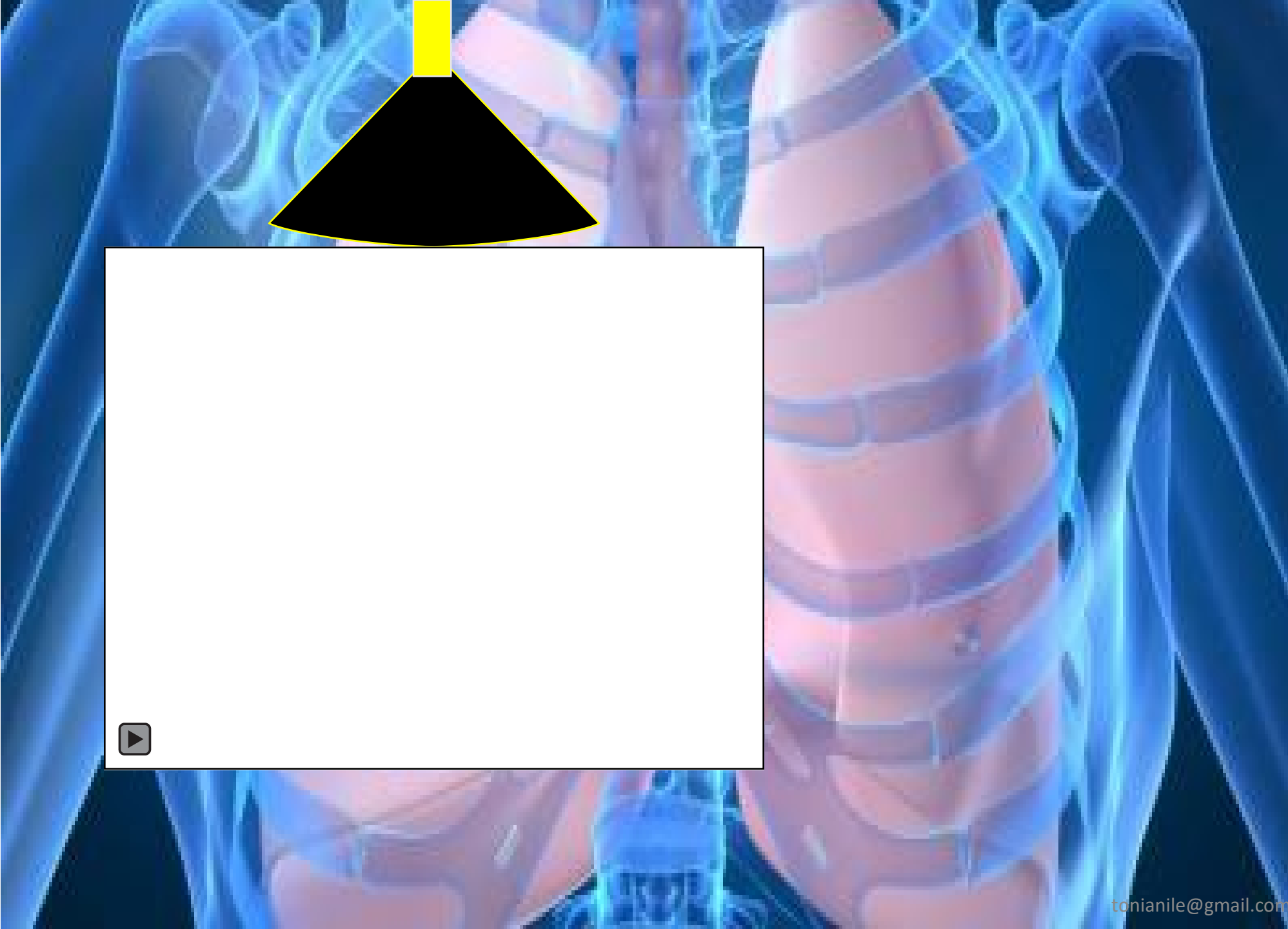




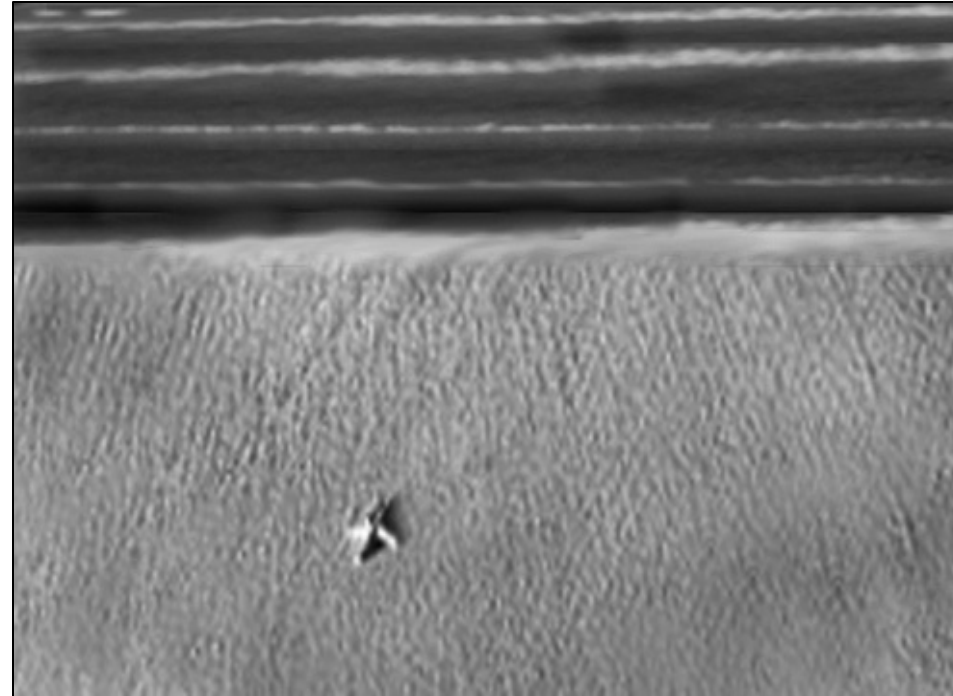
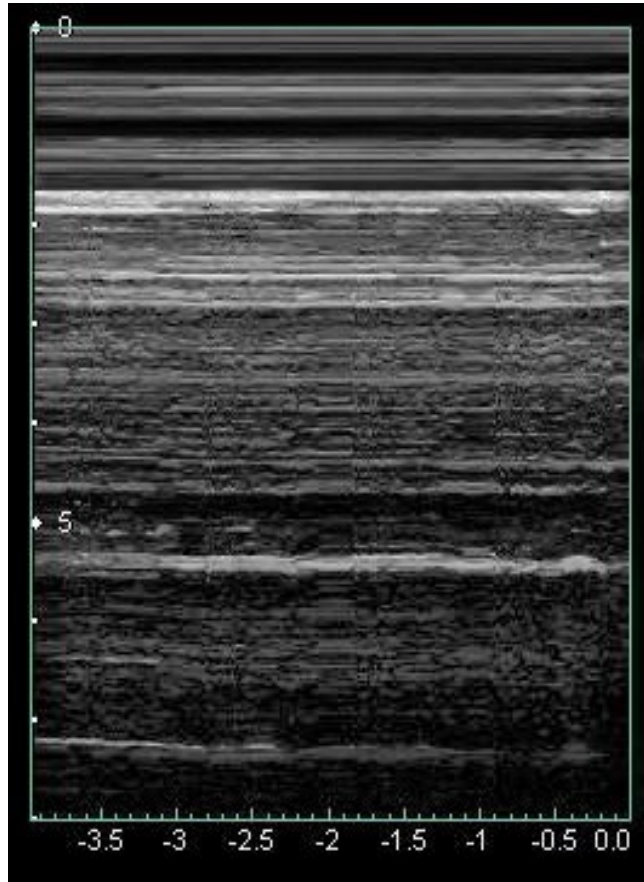
Caravaggio
"Narciso", 1599





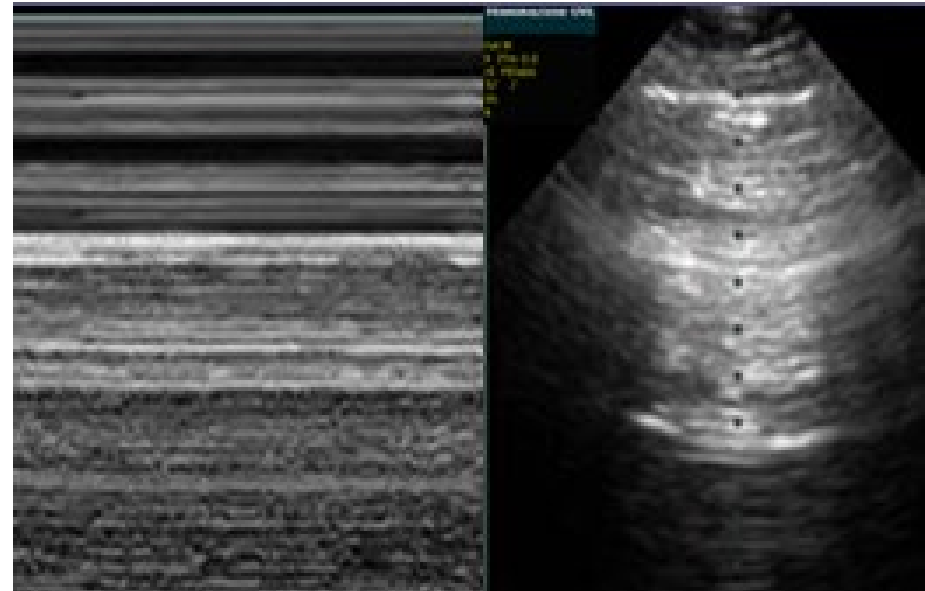
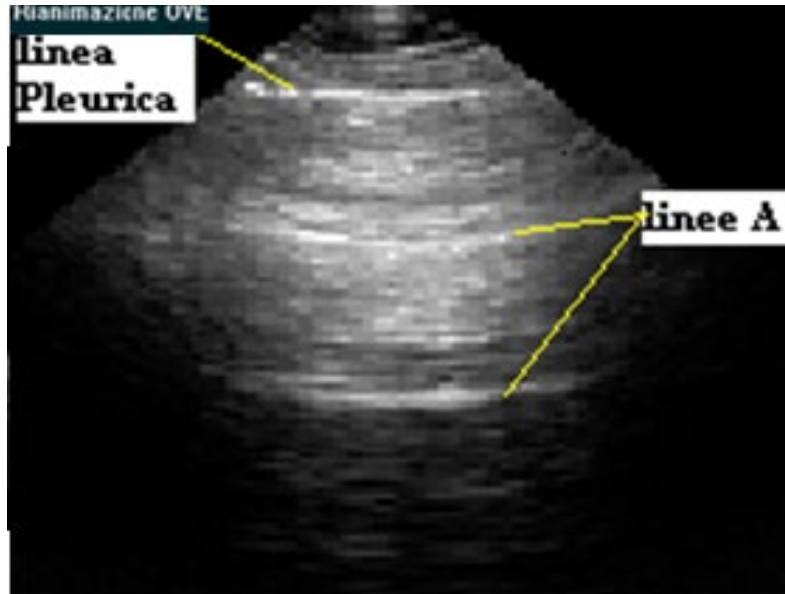


M-MODE



Lichtenstein D. Crit Care Med 2007 Vol. 35, No. 5 (Suppl.)

Normal



Pleuric line

Sliding

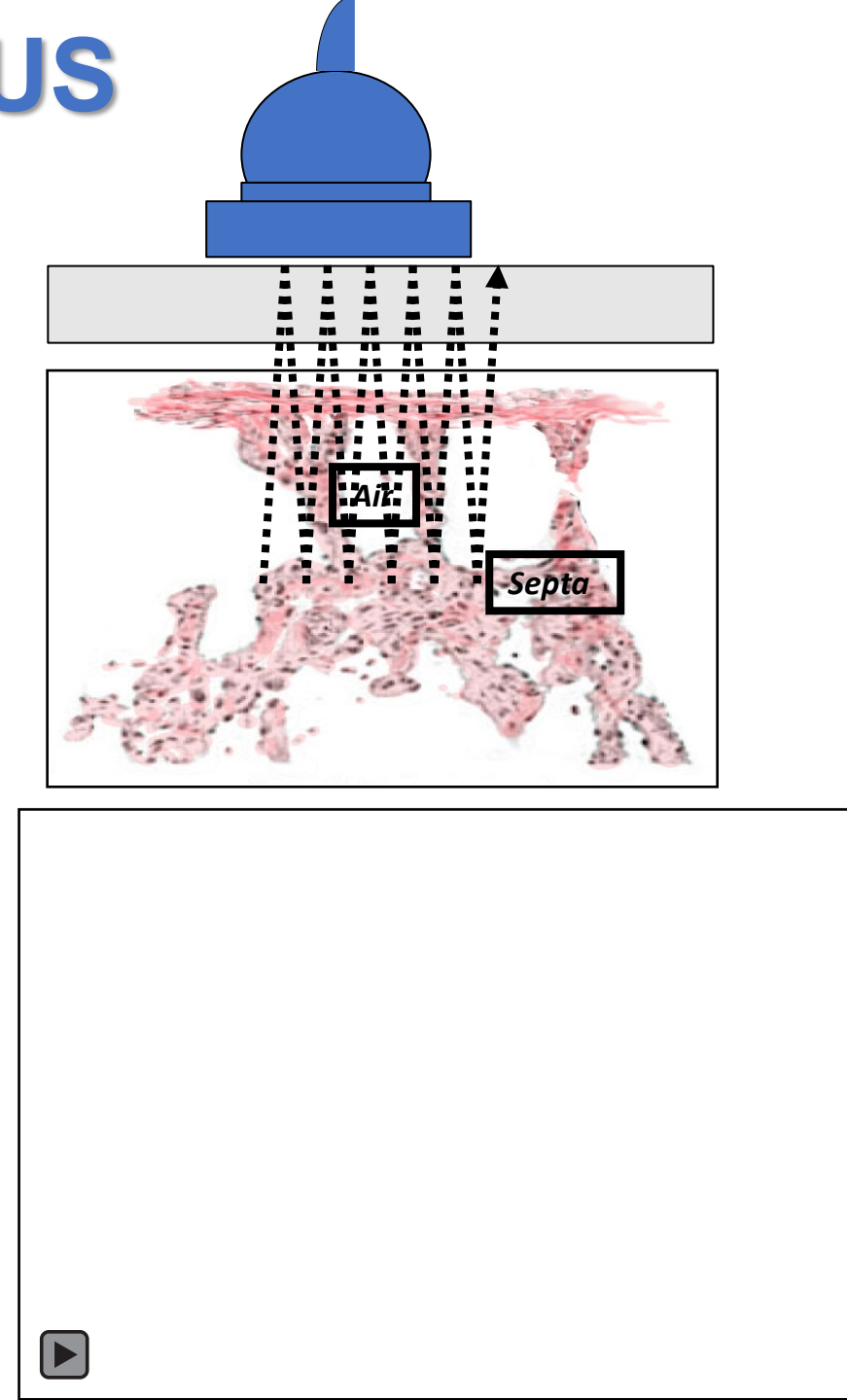
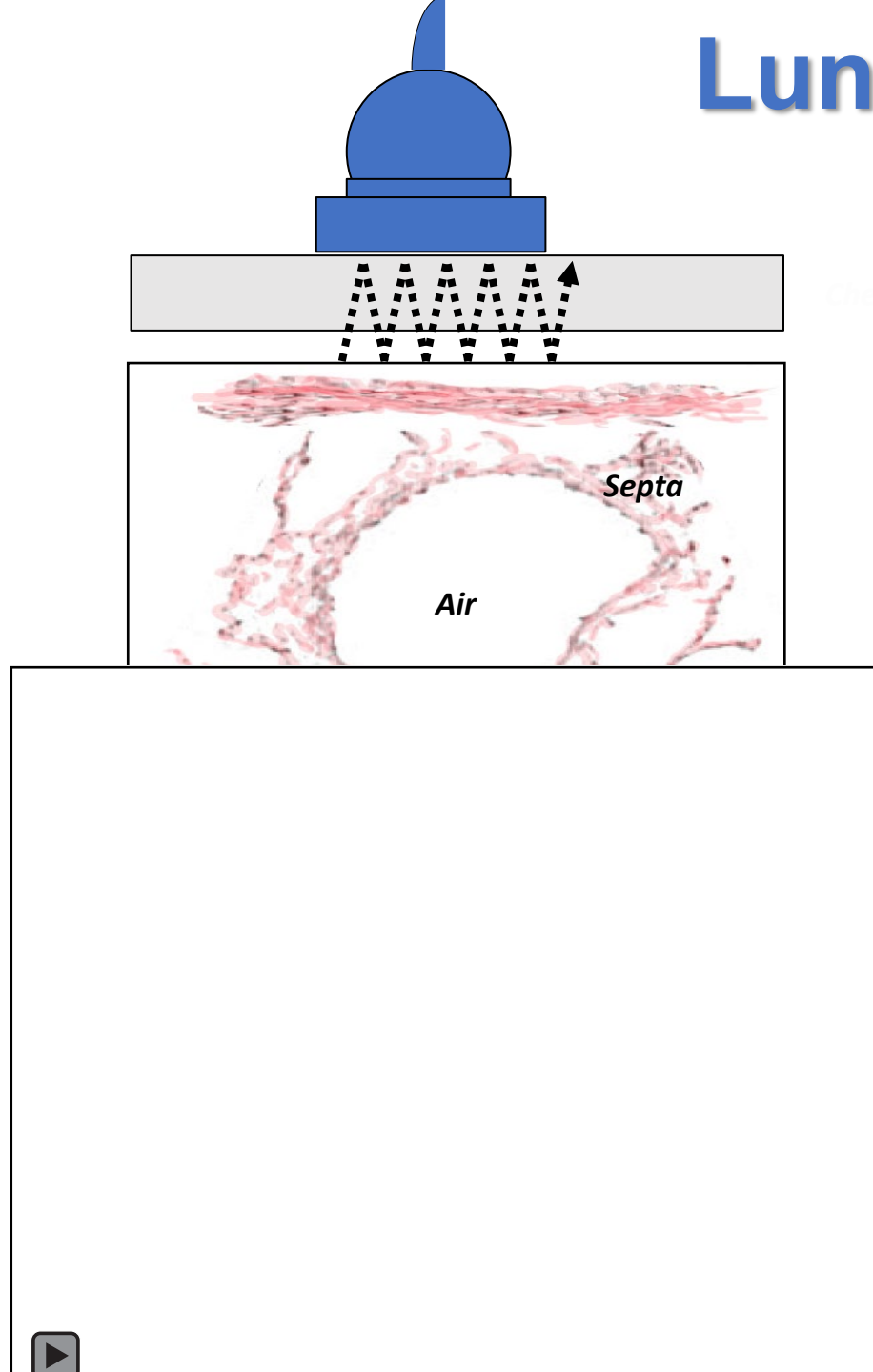
A line

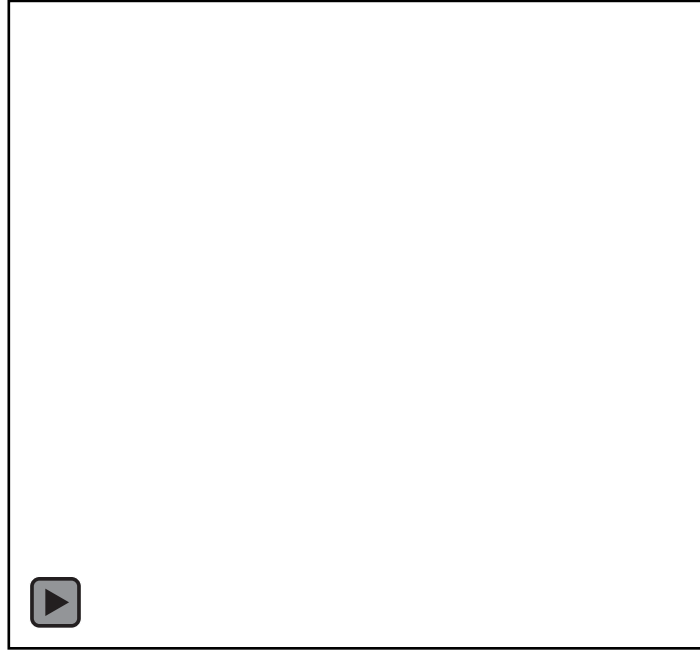


→ **SLIDING**

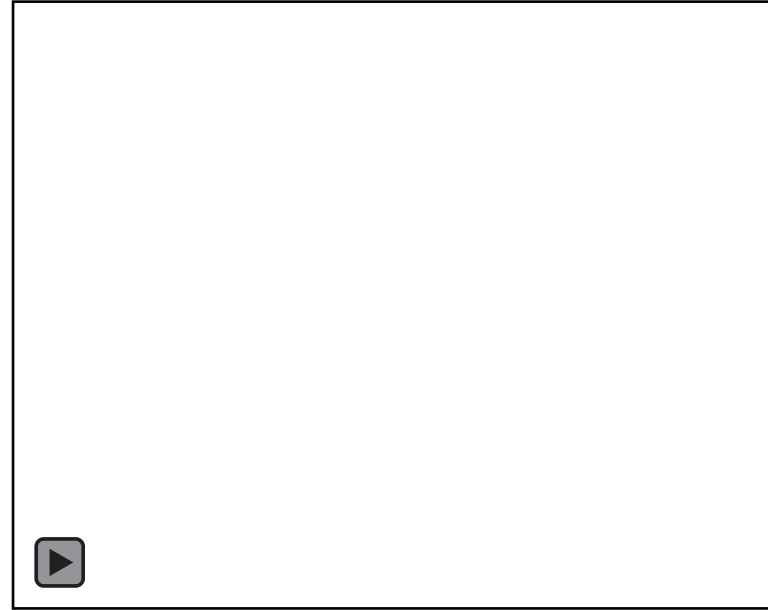
→ **A LINE**

Lung US

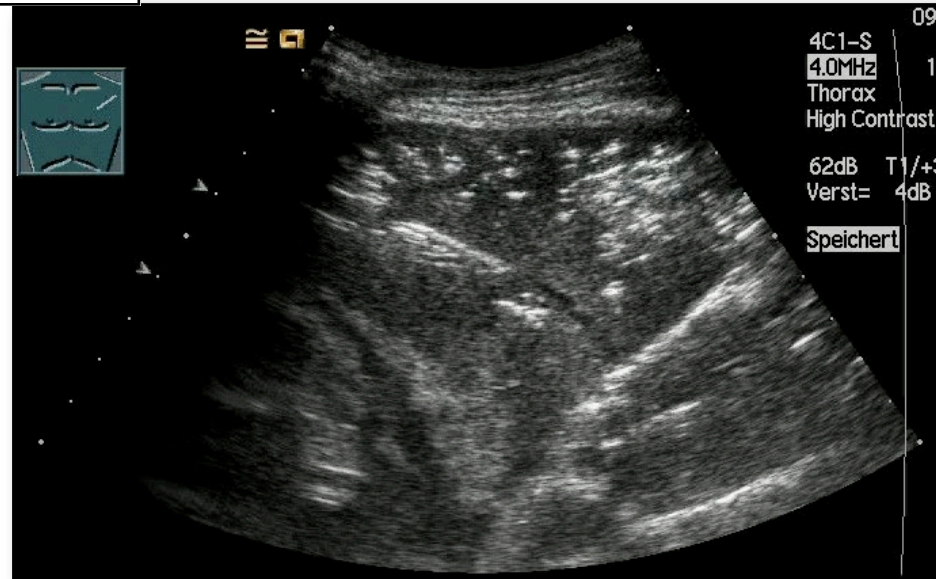




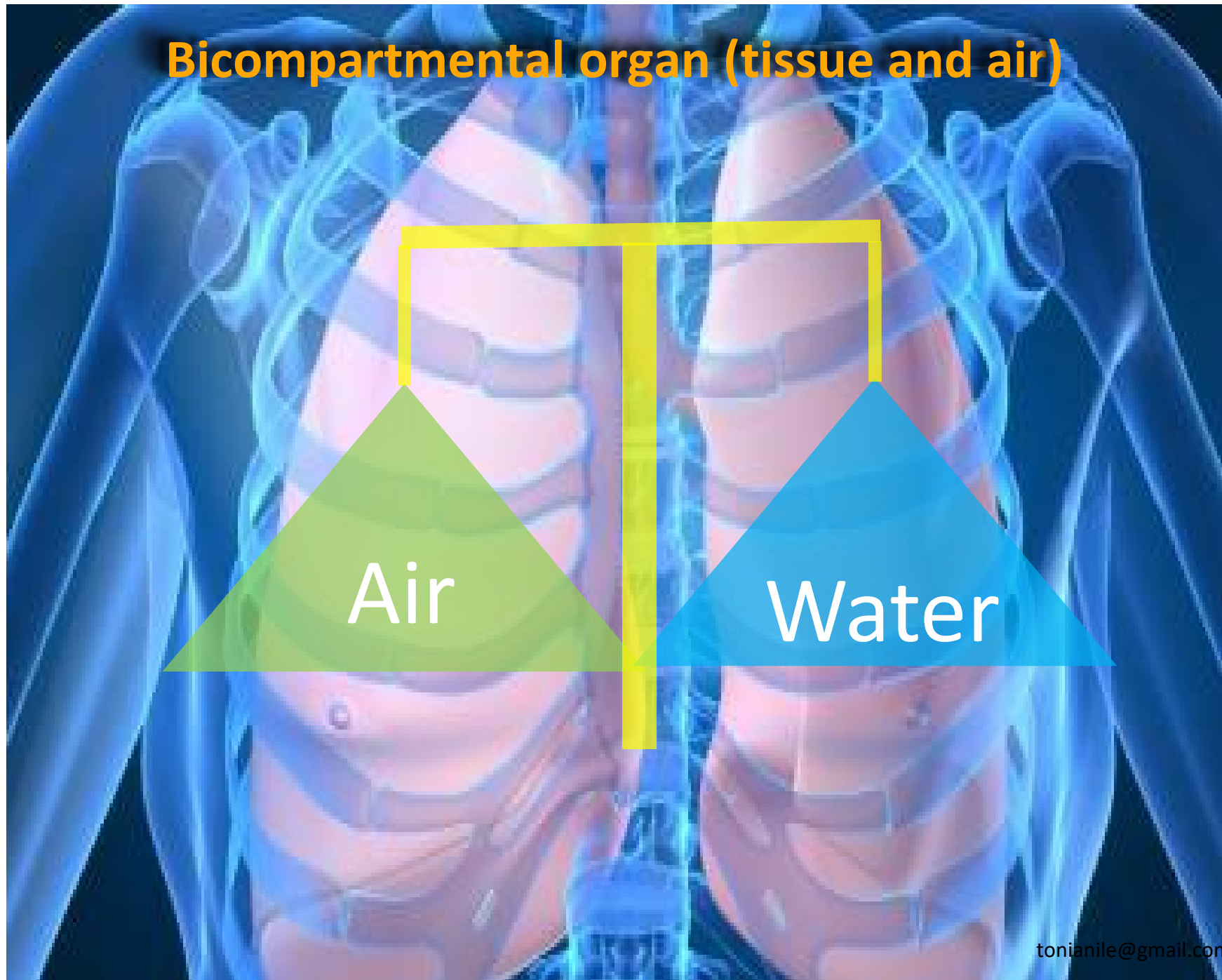
B-lines



A-lines



Bicompartamental organ (tissue and air)



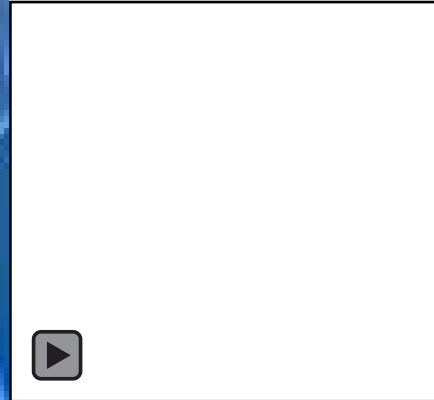
Air

Water

Bicompartmental organ (tissue and air)

Increase of fluids

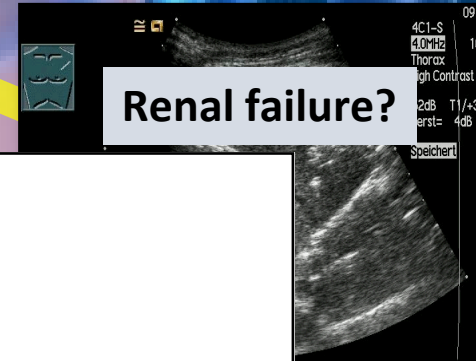
Lung deflation



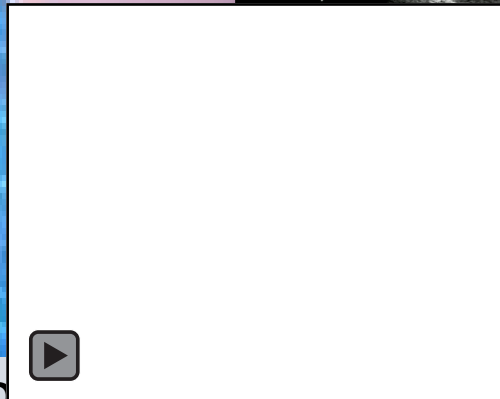
?

PE?

TRAUMA?



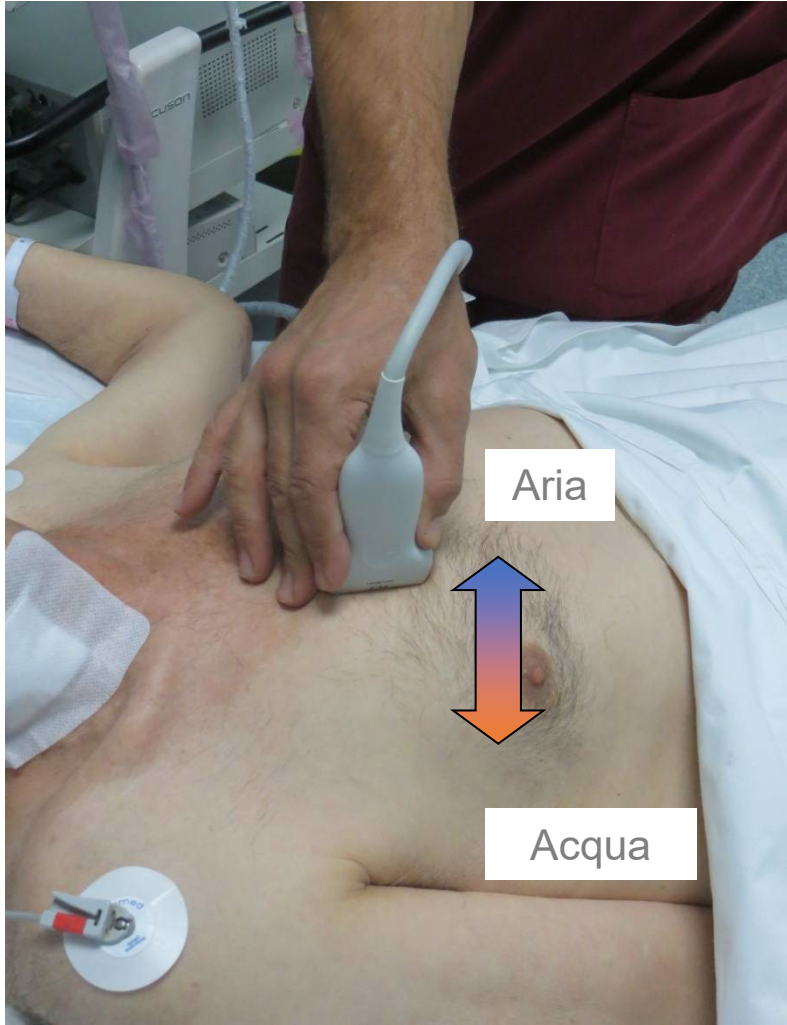
Renal failure?

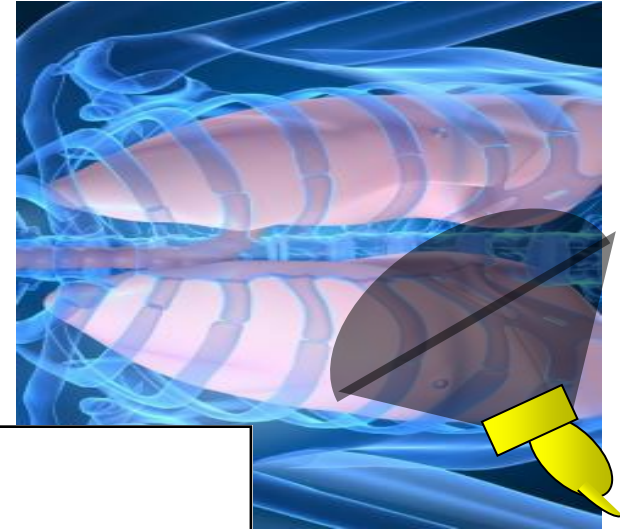
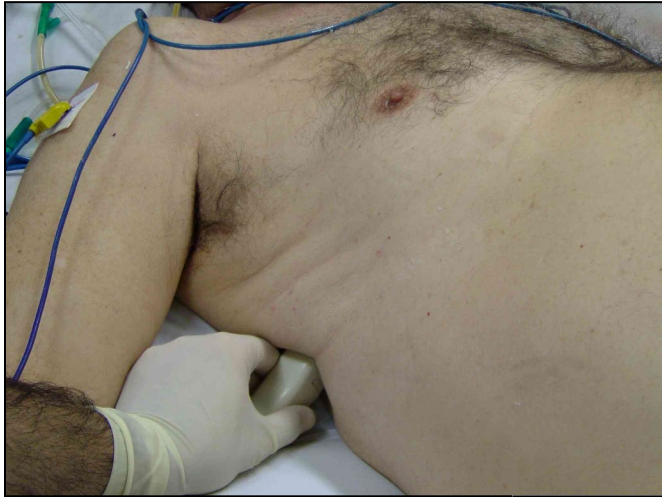


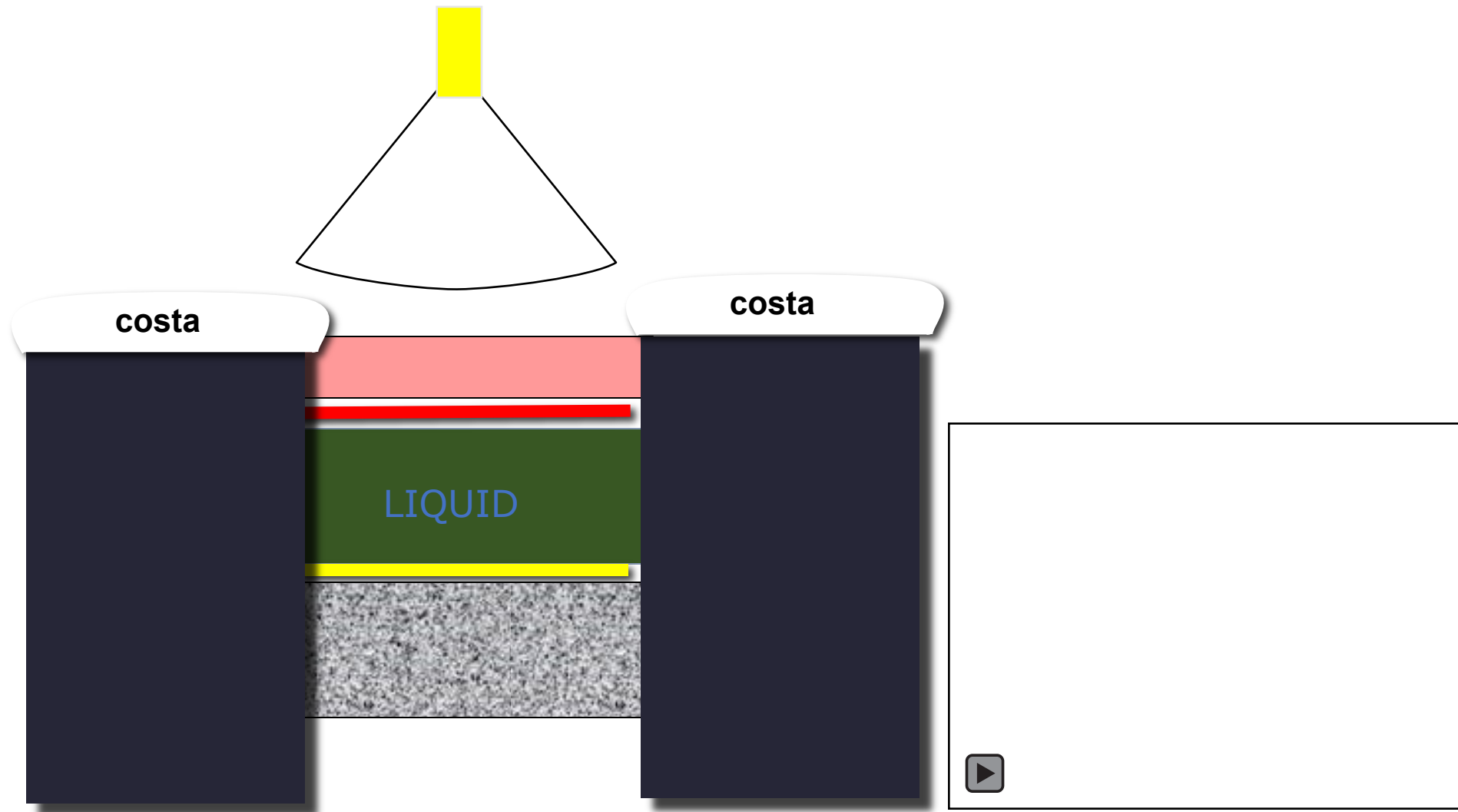
Dysventilation:

Water

US signs of pleural effusion







CHARACTERISTICS

Intensive Care Med (2012) 38:577–591
DOI 10.1007/s00134-012-2513-4

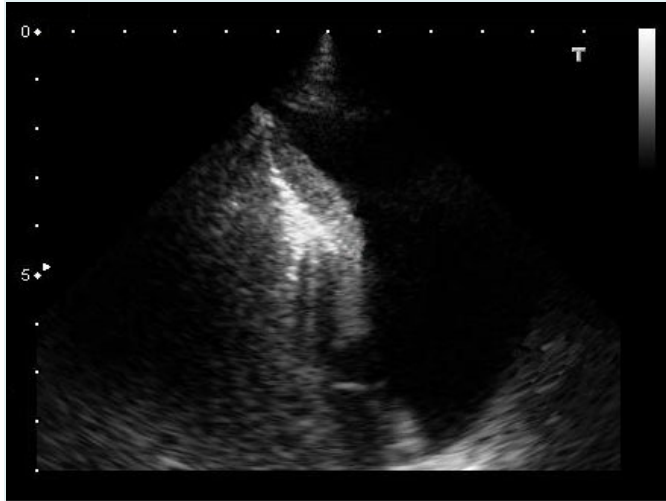
CONFERENCE REPORTS AND EXPERT PANEL

Giovanni Volpicelli
Mahmoud Elbarbary
Michael Blaivas
Daniel A. Lichtenstein
Gebhard Mathis
Andrew W. Kirkpatrick

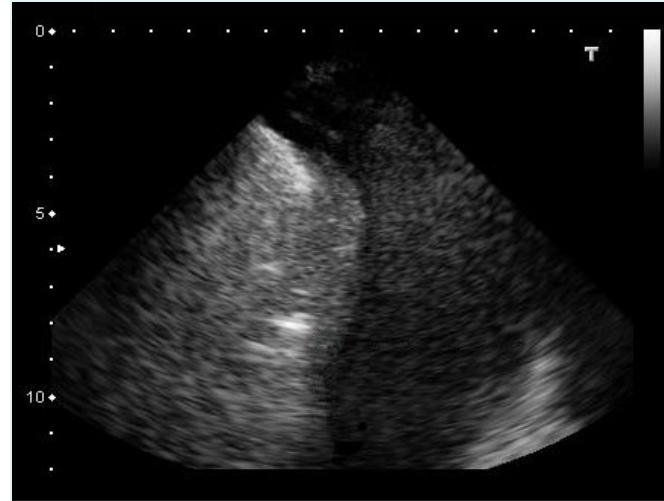
International evidence-based recommendations for point-of-care lung ultrasound

- *A pleural effusion with **internal echoes** suggests that it is an exudate or hemorrhage*
- *While most transudates are anechoic, some exudates are also anechoic.*

Characteristics



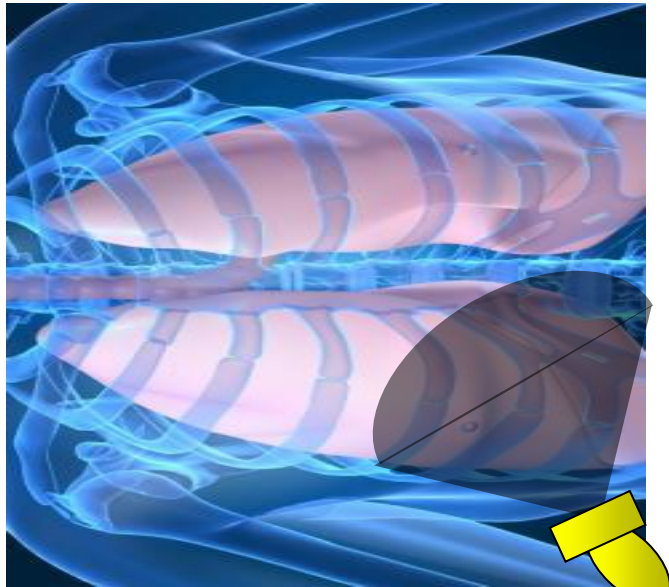
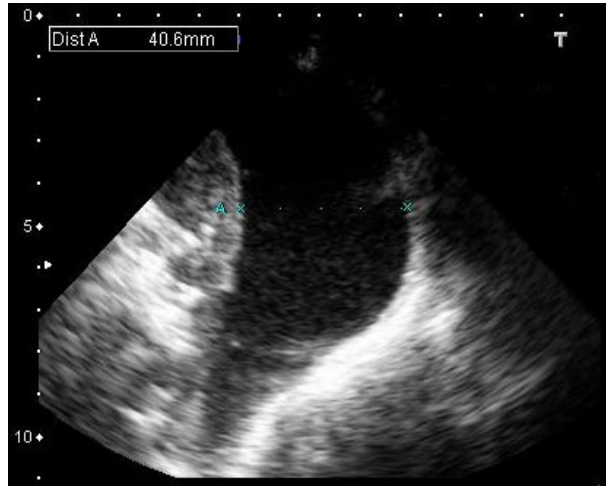
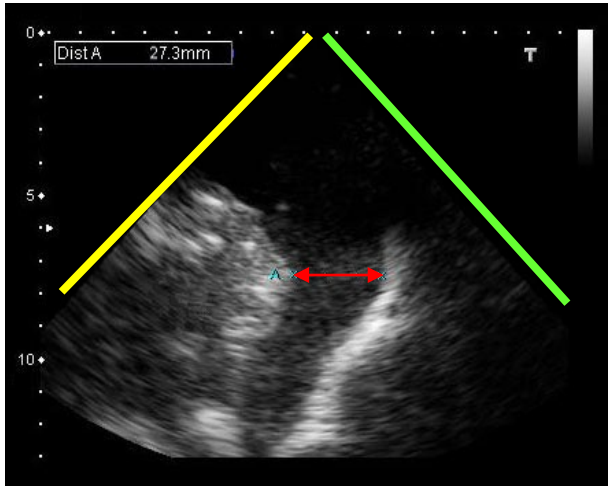
ANECHOIC



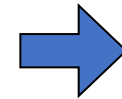
HOMOGENEOUSLY ECHOGENIC



COMPLEX, NON SEPTATED / SEPTATED

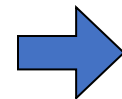


End Expiratory IP Distance
5th intercostal space > 50
mm

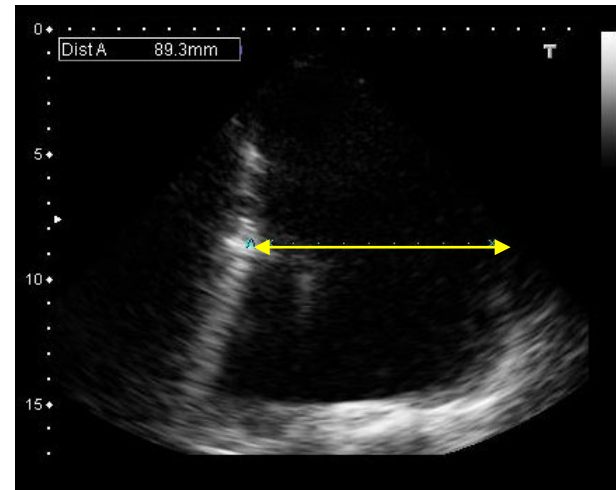
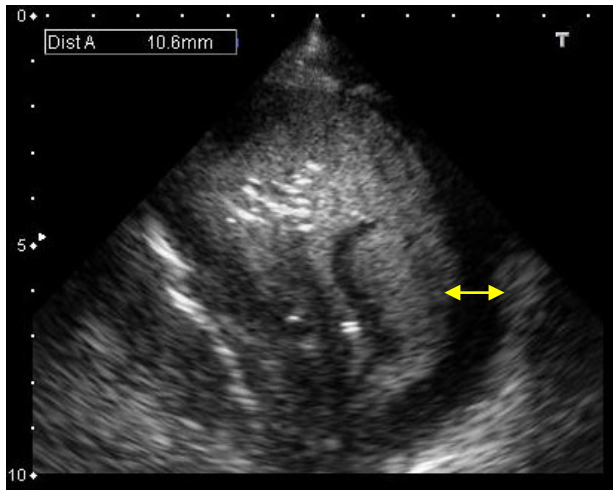
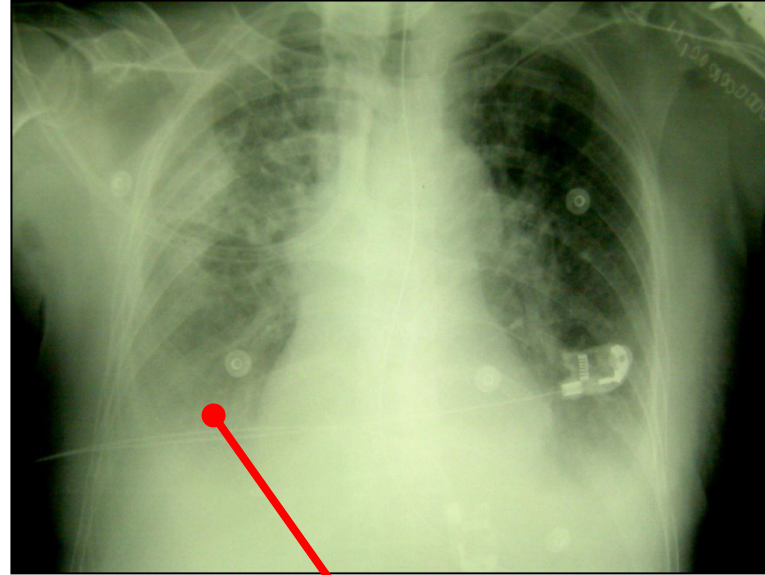
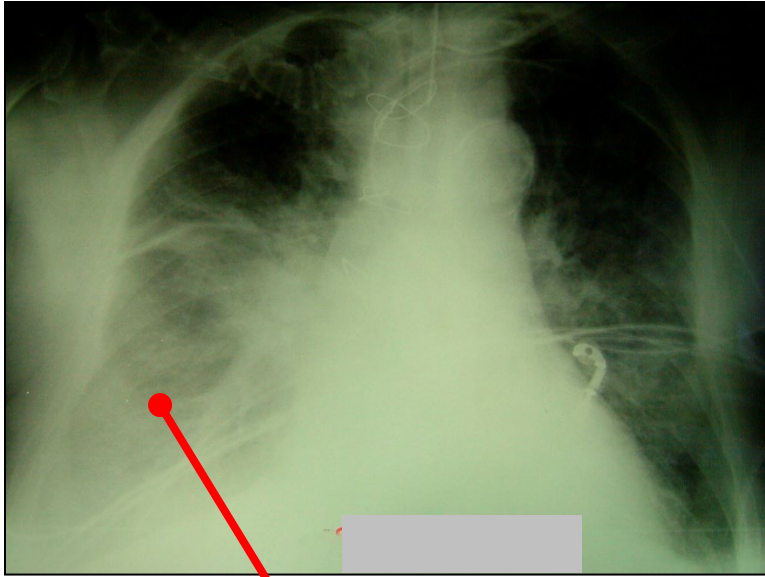


> 500 ml

End Expiratory Basal IP
Distance > 45 mm (DX)
> 50 mm (SX)



> 800 ml



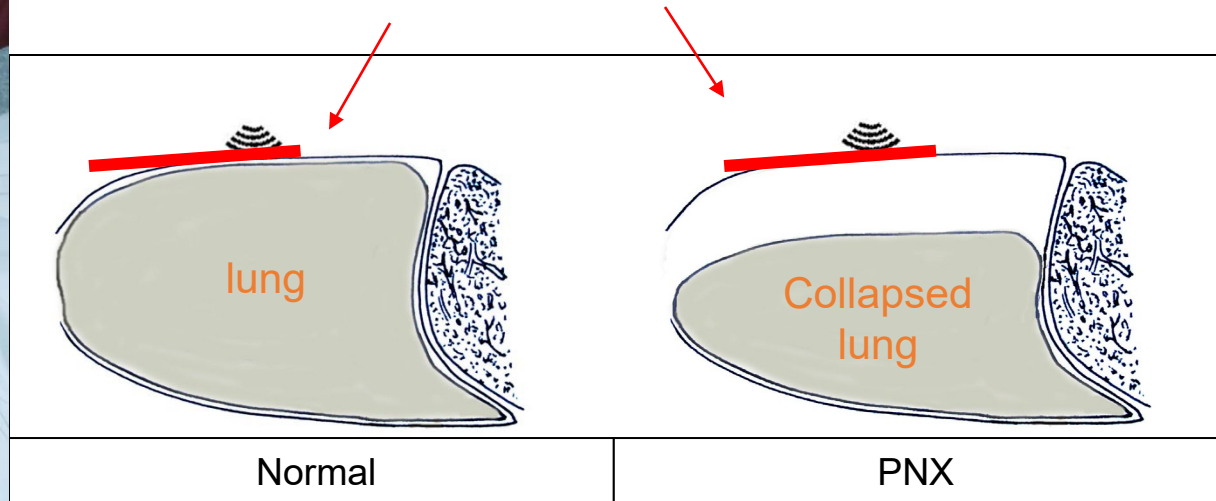
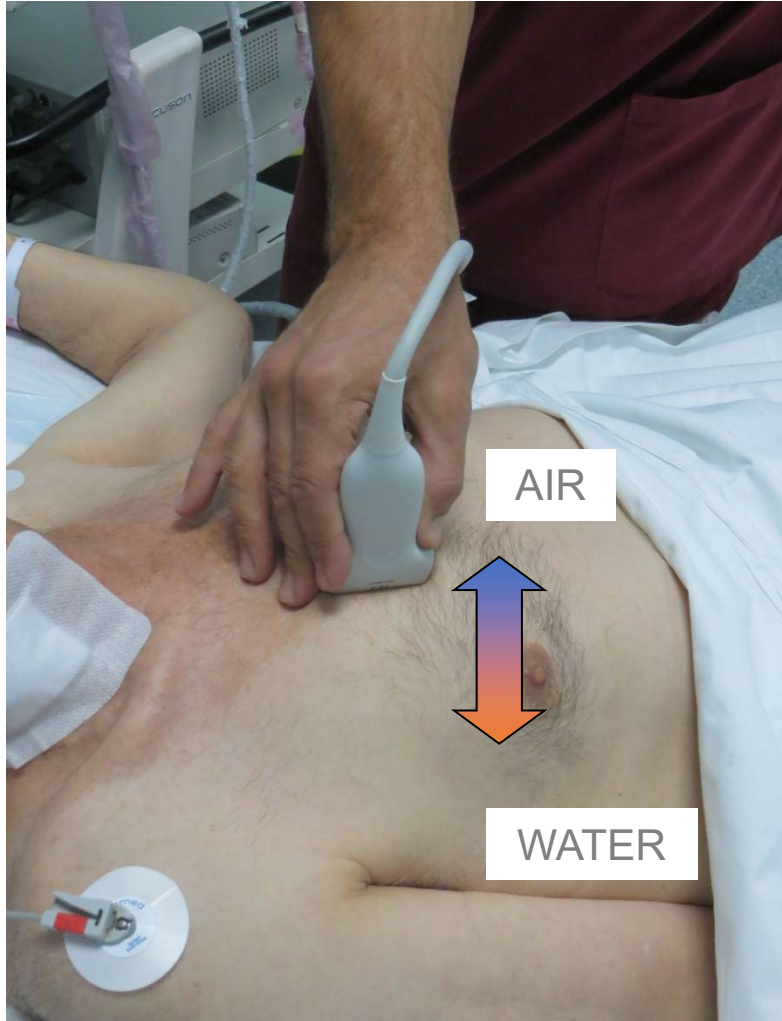
2850 ml

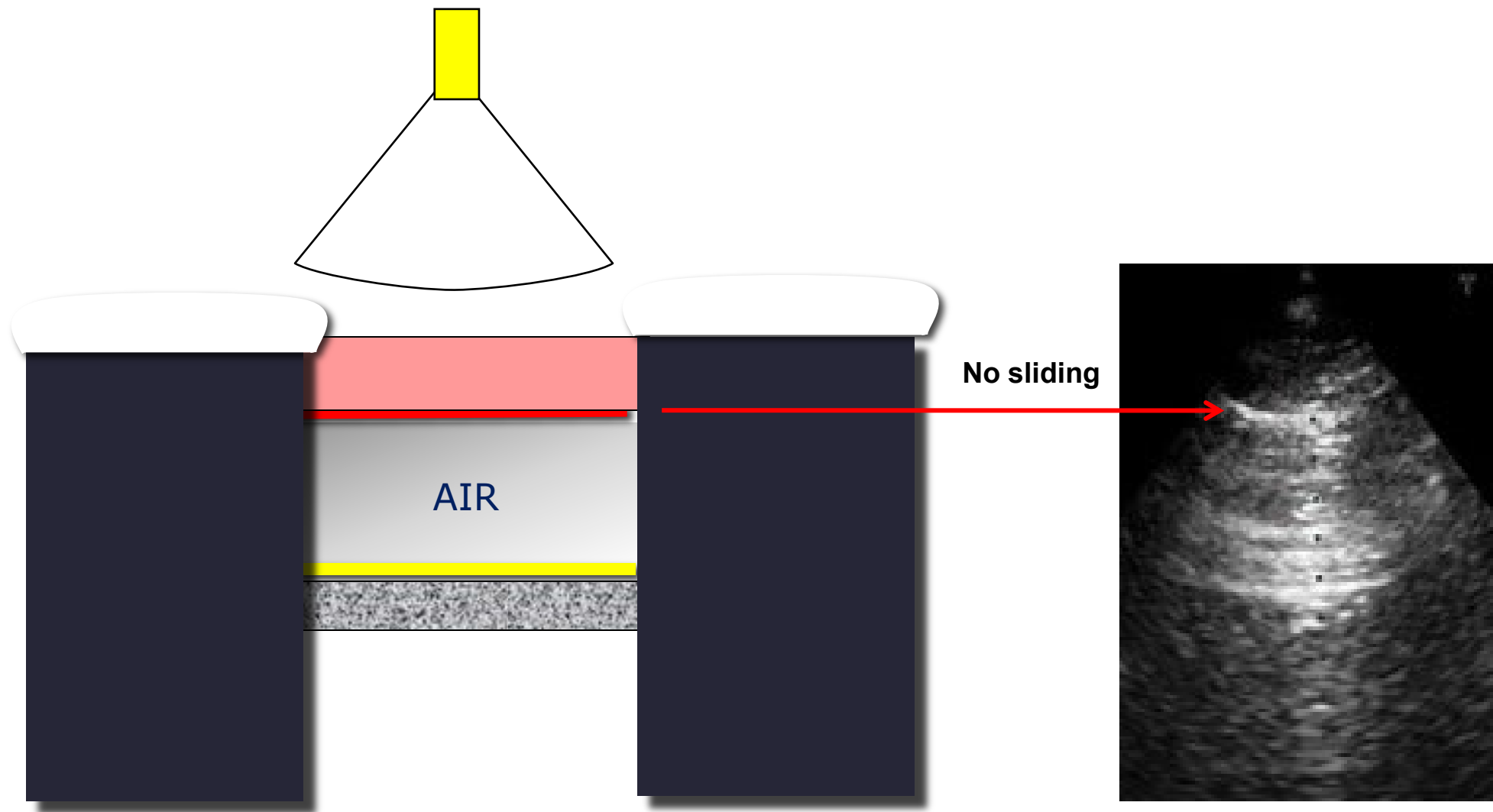
PTX

How to exclude PTX

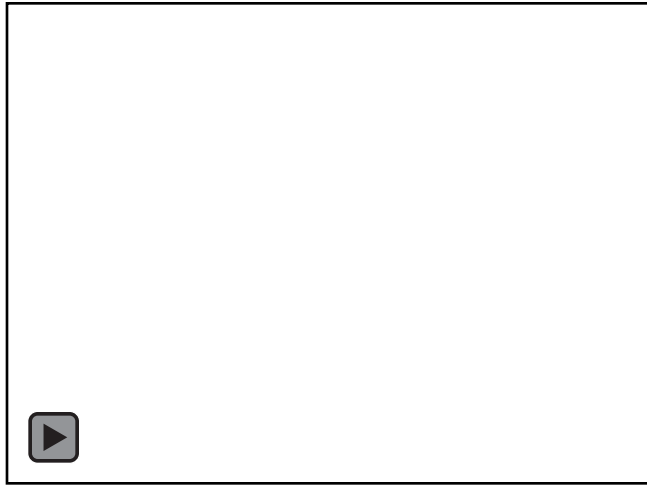
PNEUMOTHORAX

Which kind of Air is there beneath the pleura?





Patterns Excluding PTX



LUNG SLIDING



LUNG PULSE



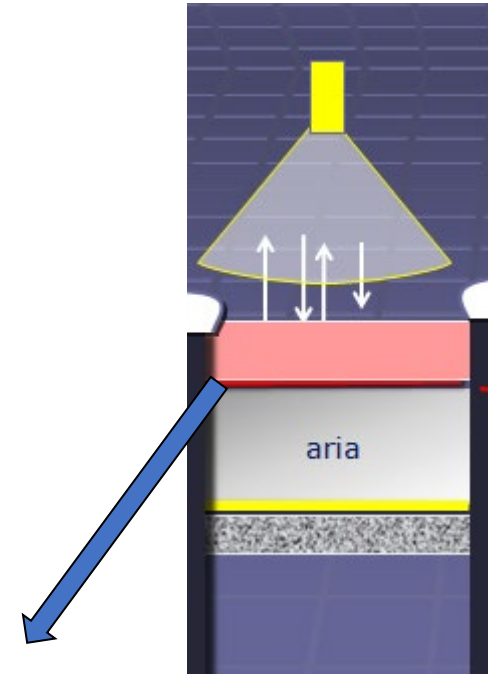
CONSOLIDATION



B-LINES

(NPV = 100%)

PNX:?

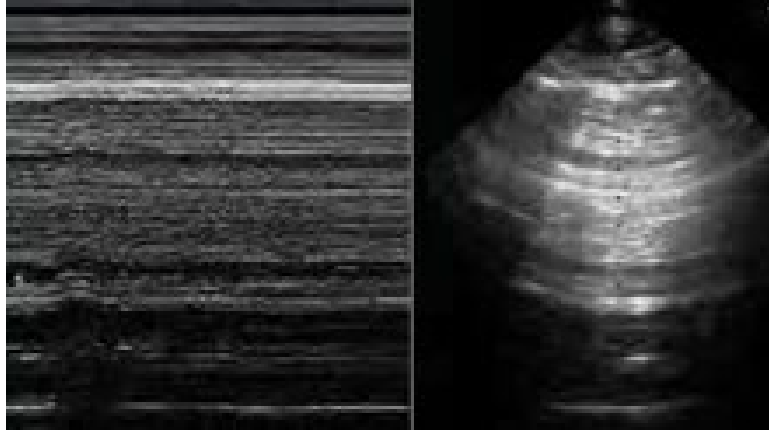


- No sliding
- Stratosfera in M-mode

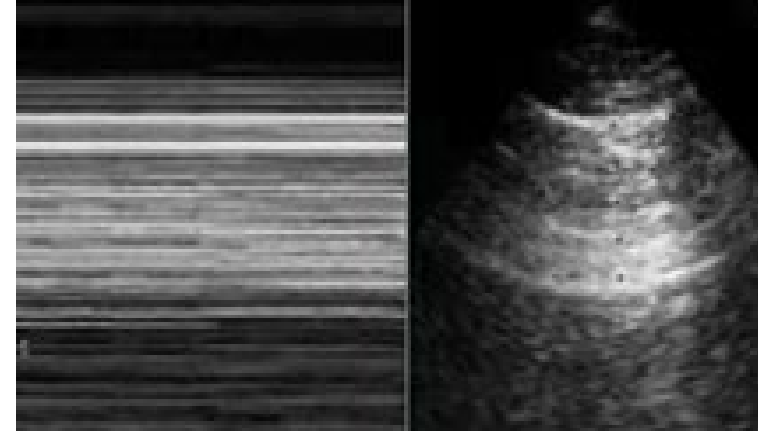
Emphysema
Pleural Adhesions
Very low lung compliance

Attention!

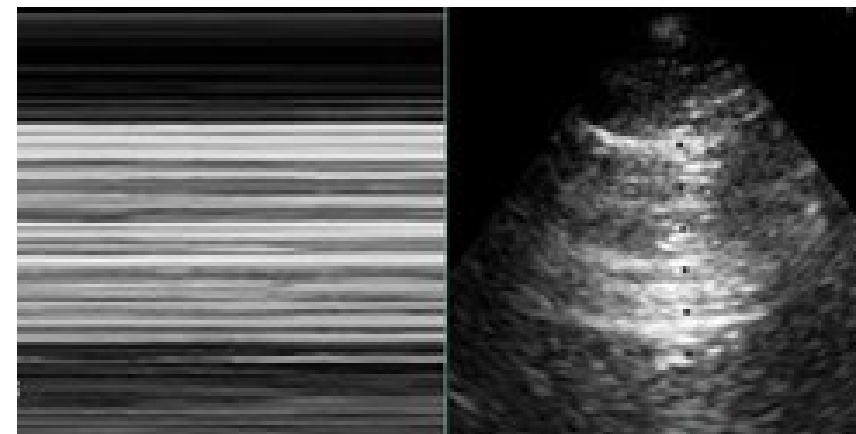
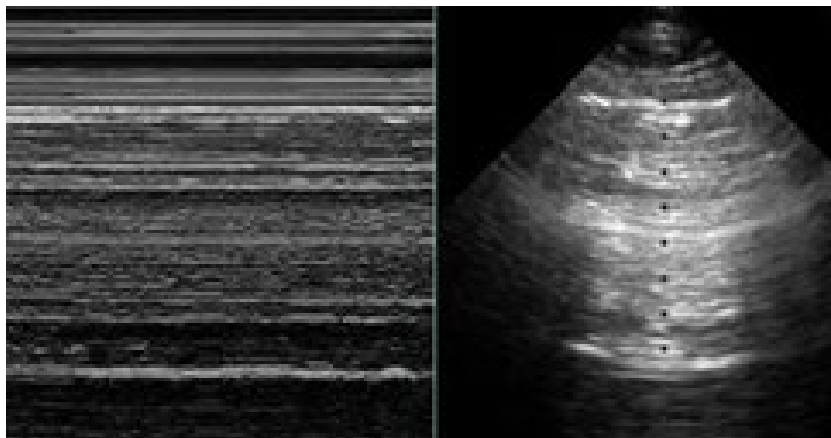
PATTERN NORMALE



PNEUMOTORACE

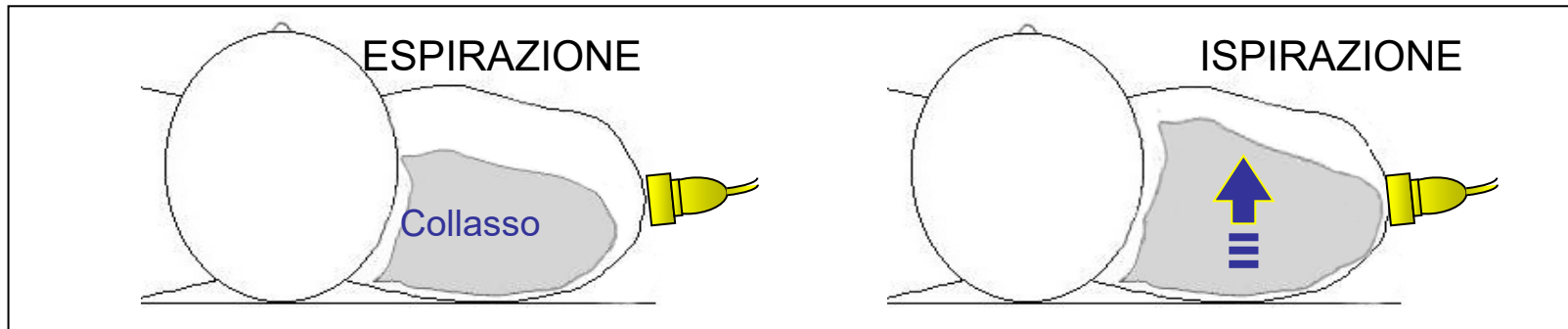


No sliding ..no sabbia!



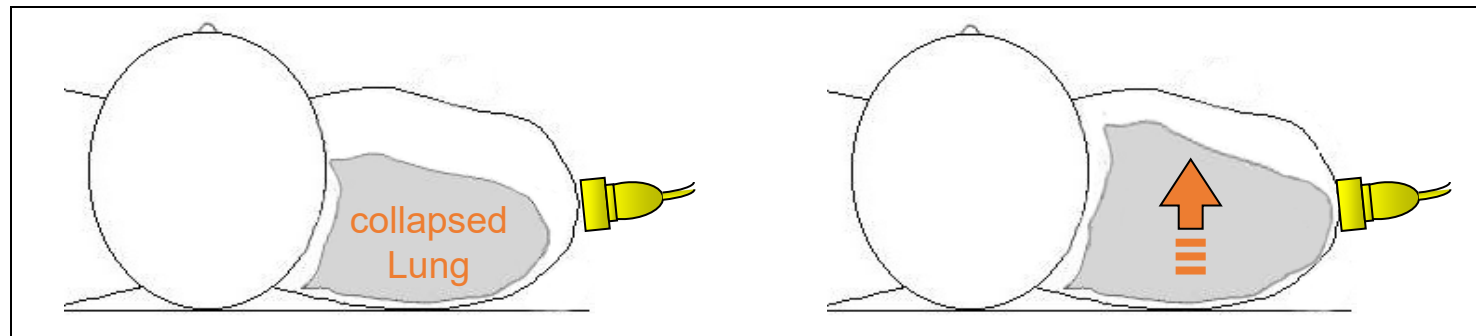
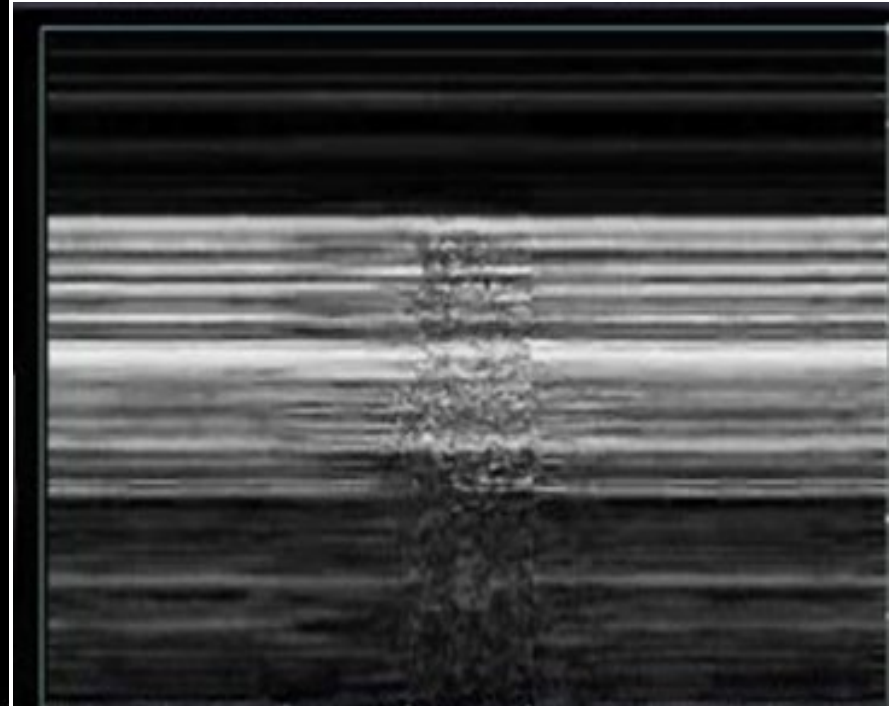
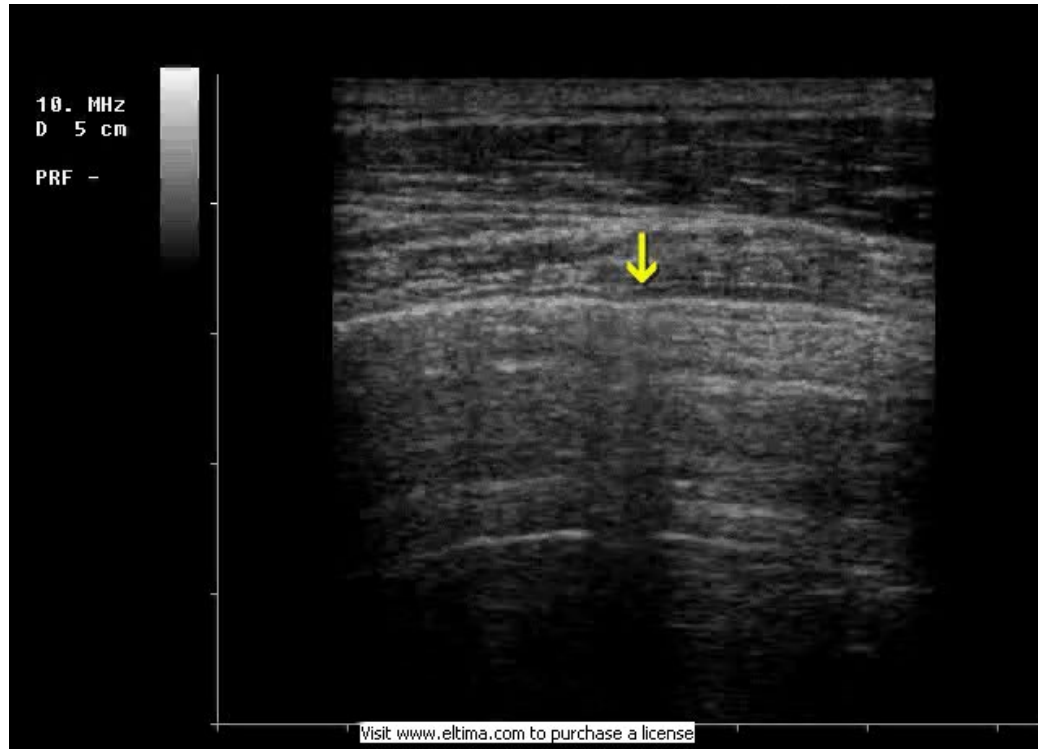
How to confirm PTX

“LUNG POINT”

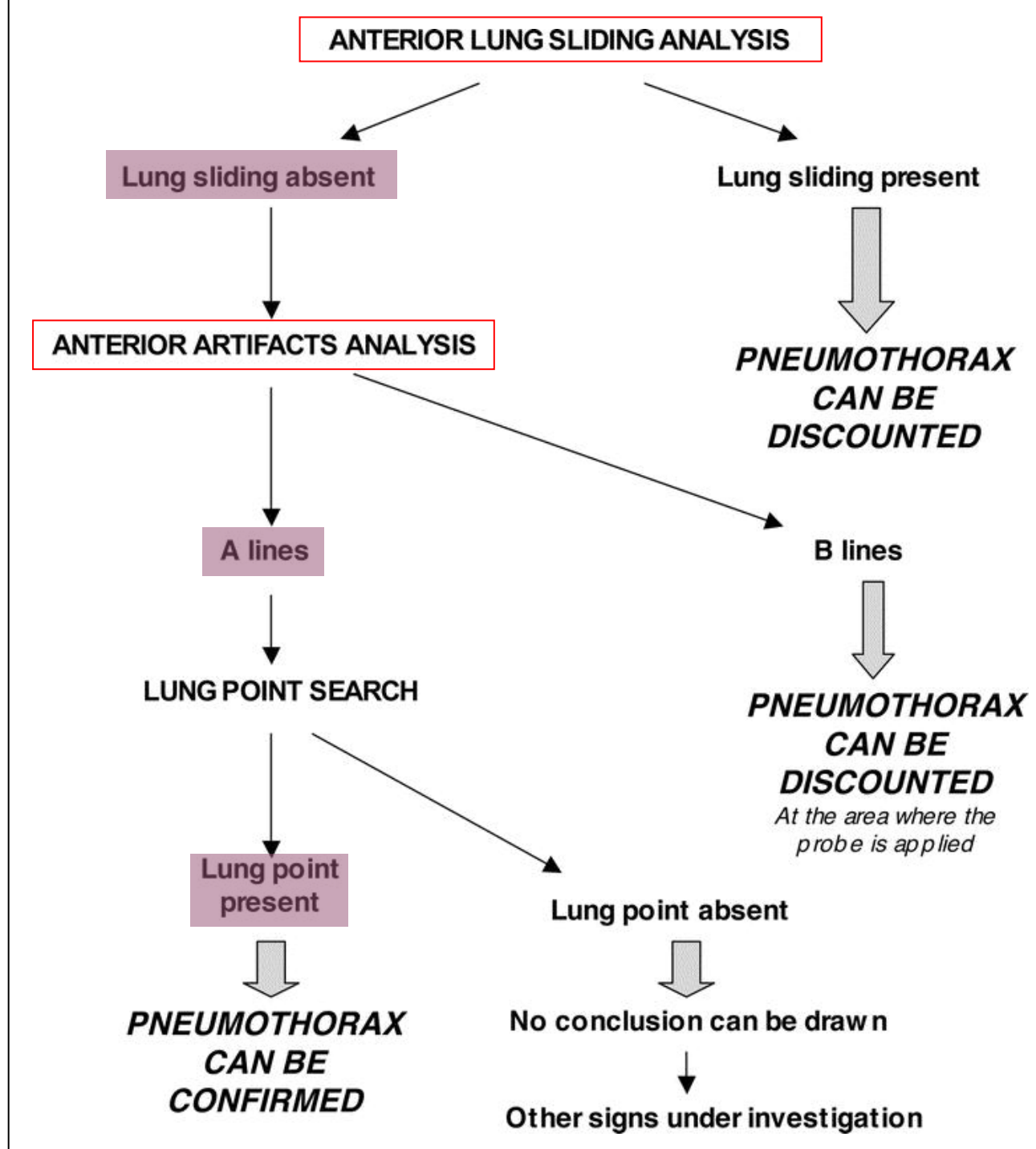


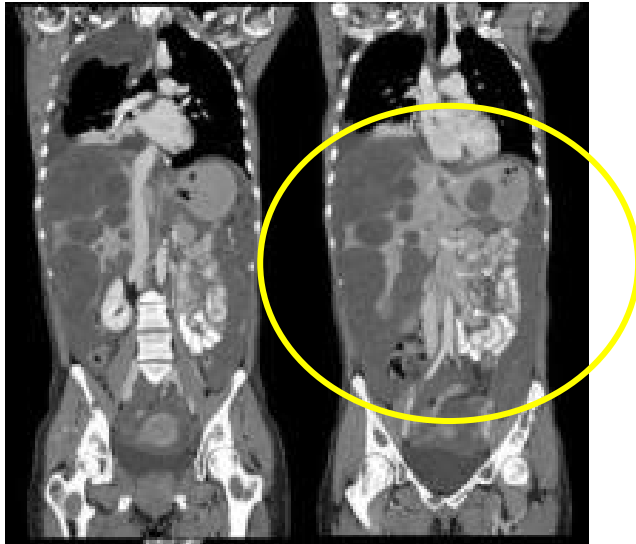
Adapted from: Lichtenstein DA. INT CARE MED 2000.

The “Lung Point”



Pneumothorax Algorithm

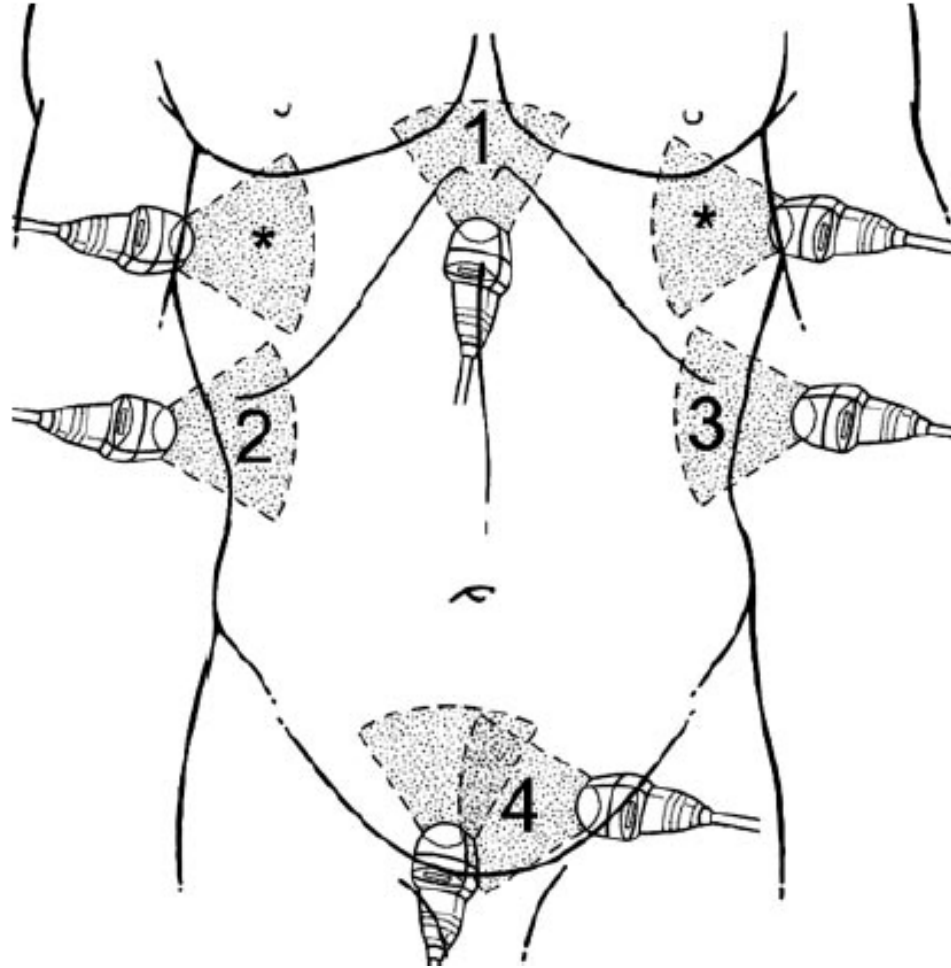


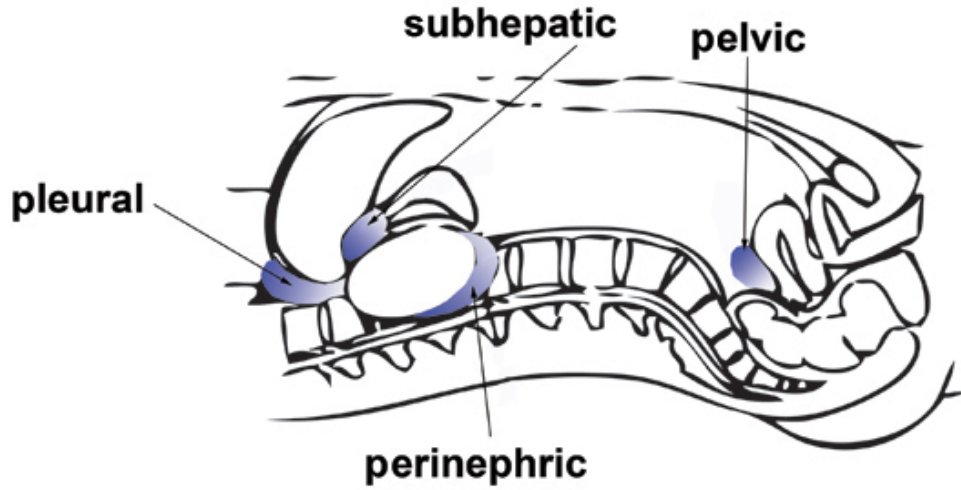


Focused
Assessment with
Sonography for
Trauma

“FREE FLUID”

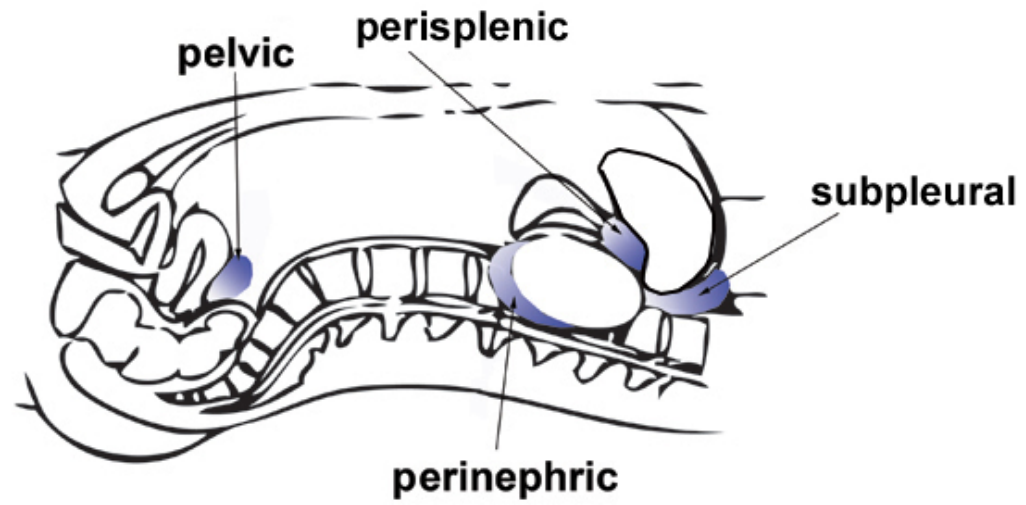
FREE FLUID?

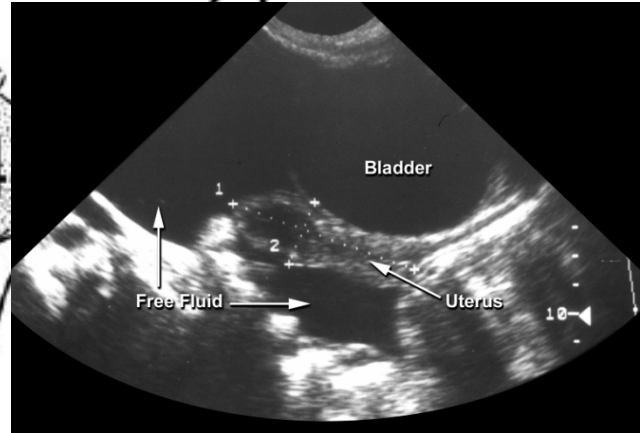
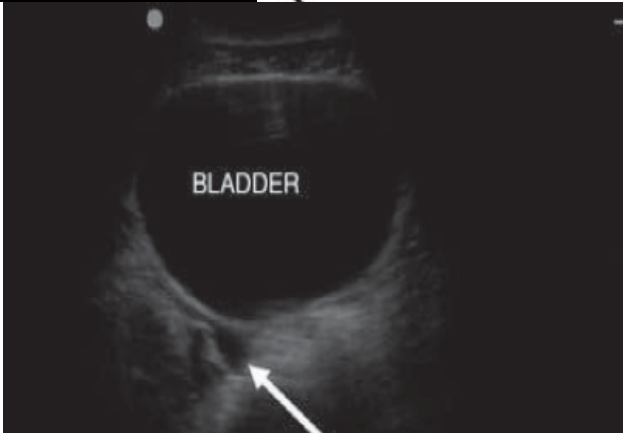
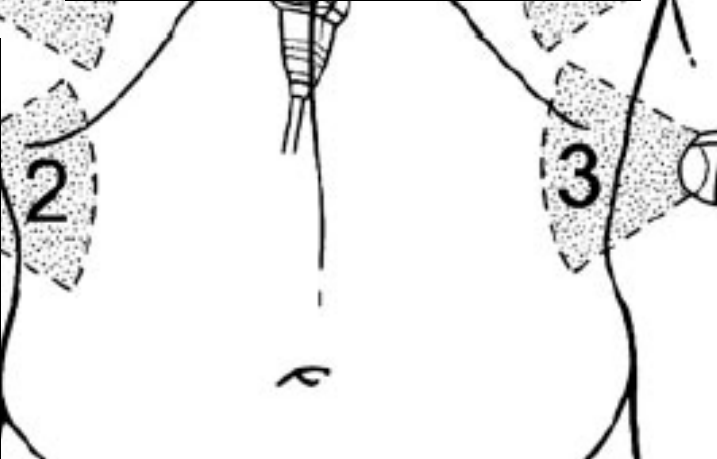
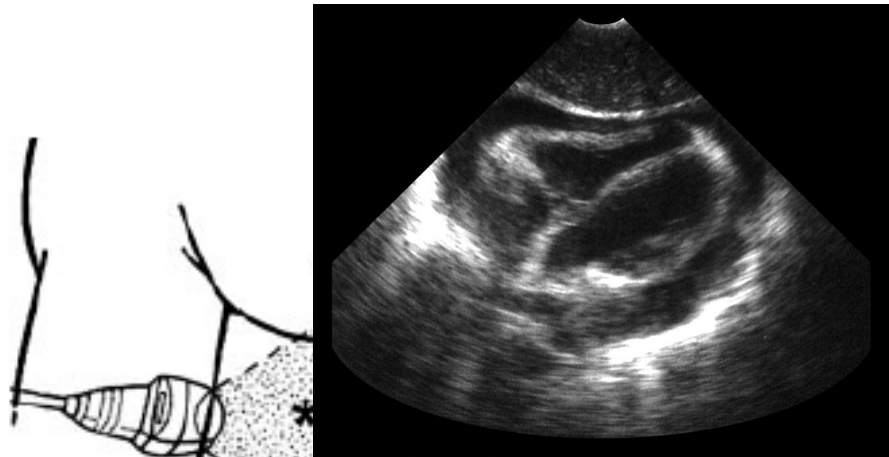




Dx

Sx





Renal Resistive Index: Response to Shock and its Determinants in Critically Ill Patients.

Rozemeijer S¹, Haitzma Mulier JLG, Röttgering JG, Elbers PWG, Spoelstra-de Man AME, Tuinman PR, de Waard MC, Oudemans-van Straaten HM.

Author information

Abstract

INTRODUCTION: Shock is characterised by micro- and macrovascular flow impairment contributing to acute **kidney** injury (AKI). Routine monitoring of the circulation regards the macrocirculation but not the renal circulation which can be assessed with Doppler ultrasound as renal resistive index (RRI). RRI reflects resistance to flow. High RRI predicts persistent AKI. Study aims were to determine whether RRI is elevated in shock and to identify determinants of RRI.

MATERIALS AND METHODS: This prospective observational cohort study included two cohorts of patients, with and without shock <24-h after intensive care admission. Apart from routine monitoring, three study measurements were performed simultaneously: RRI, sublingual microcirculation and bioelectrical impedance analysis.

RESULTS: 92 patients were included (40 shock, 52 non-shock), median age was 69 [60-76] vs. 67 [59-76], $p=0.541$; APACHE III was 87 [65-119] vs. 57 [45-69], $p<0.001$. Shock patients had higher RRI than patients without shock (0.751 [0.692-0.788] vs. 0.654 [0.610-0.686], $p<0.001$). Overall, high age, APACHE III score, lactate, vasopressor support, pulse pressure index (PPI), central venous pressure (**CVP**), fluid balance, and low pre-admission estimated glomerular filtration rate, mean arterial pressure (MAP), creatinine clearance and reactance/m were associated with high RRI at univariable regression ($p<0.01$). Microcirculatory markers were not. At multivariable regression, vasopressor support, **CVP**, PPI and MAP, reactance/m and pre-admission eGFR were independent determinants of RRI ($n=92$, Adj.R=0.587).

CONCLUSIONS: Patients with shock have a higher RRI than patients without. Independent determinants of high RRI were pressure indices of the systemic circulation, low membrane capacitance and pre-admission renal dysfunction. Markers of the sublingual microcirculation were not. TRIAL REGISTRATION CLINICALTRIALS.GOV.: [NCT02558166](https://clinicaltrials.gov/ct2/show/study/NCT02558166).



RRI

*Assis
Pan


SS RENAL

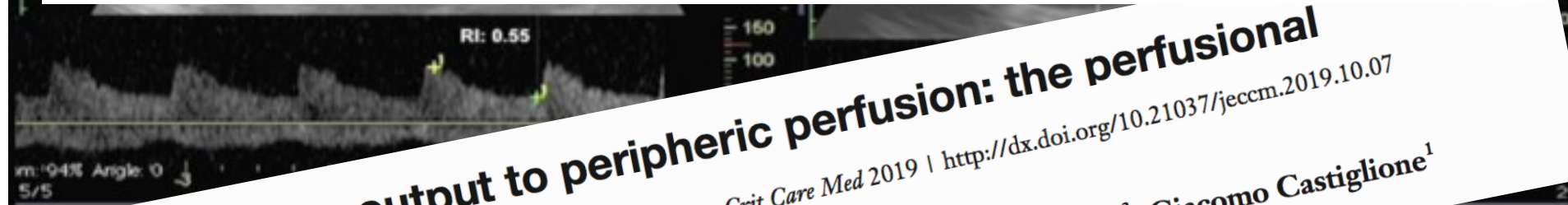
e,*†

aux Universitaires
-Bicêtre Cedex;
lique,
-365, 2012



Renal resistive index: a new reversible tool for the early diagnosis and evaluation of organ perfusion in critically ill patients: a case report

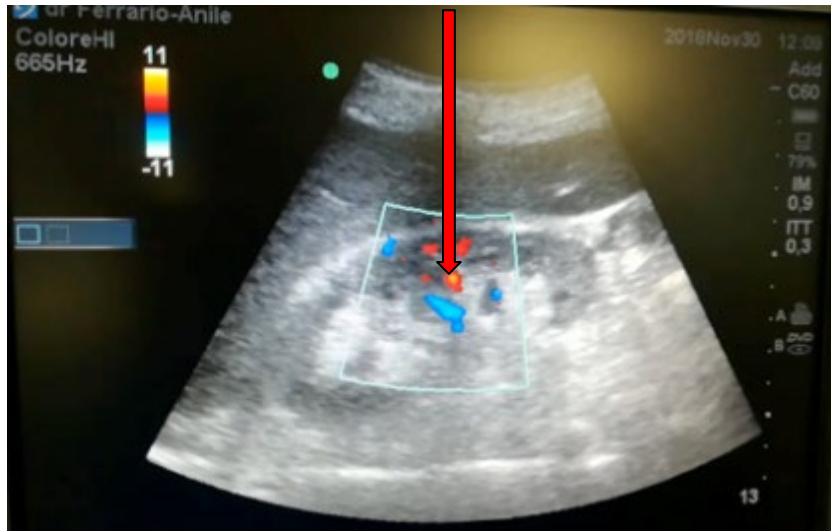
Antonio Anile¹, Silvia Ferrario^{2*} , Lorena Campanello³, Maria Antonietta Orban³ and Giacomo Castiglione¹



From cardiac output to peripheral perfusion: the perfusional pathway — a case report

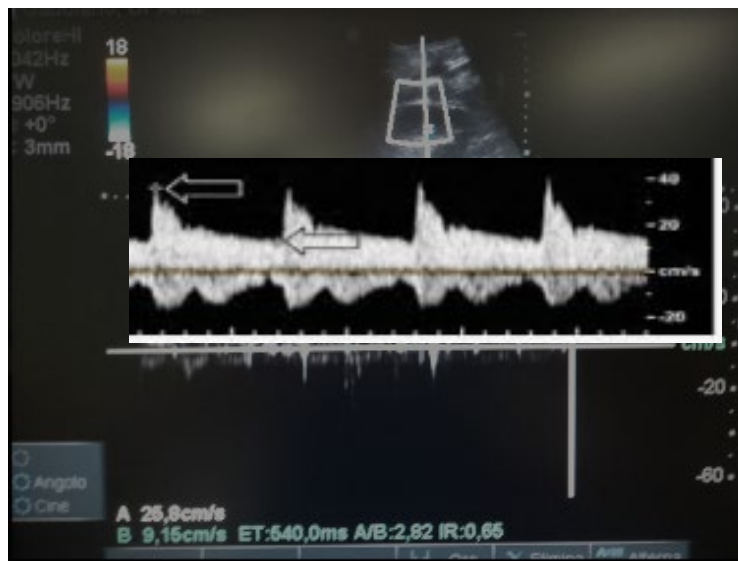
J Emerg Crit Care Med 2019 | <http://dx.doi.org/10.21037/jeccm.2019.10.07>

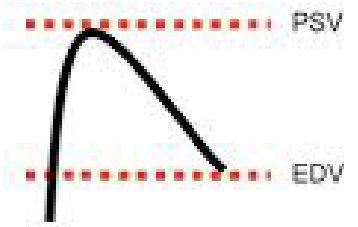
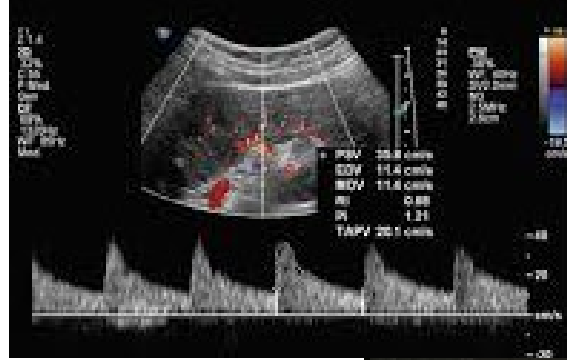
Antonio Anile¹, Silvia Ferrario², Lorena Campanello³, Maria Antonietta Orban³, Giacomo Castiglione¹



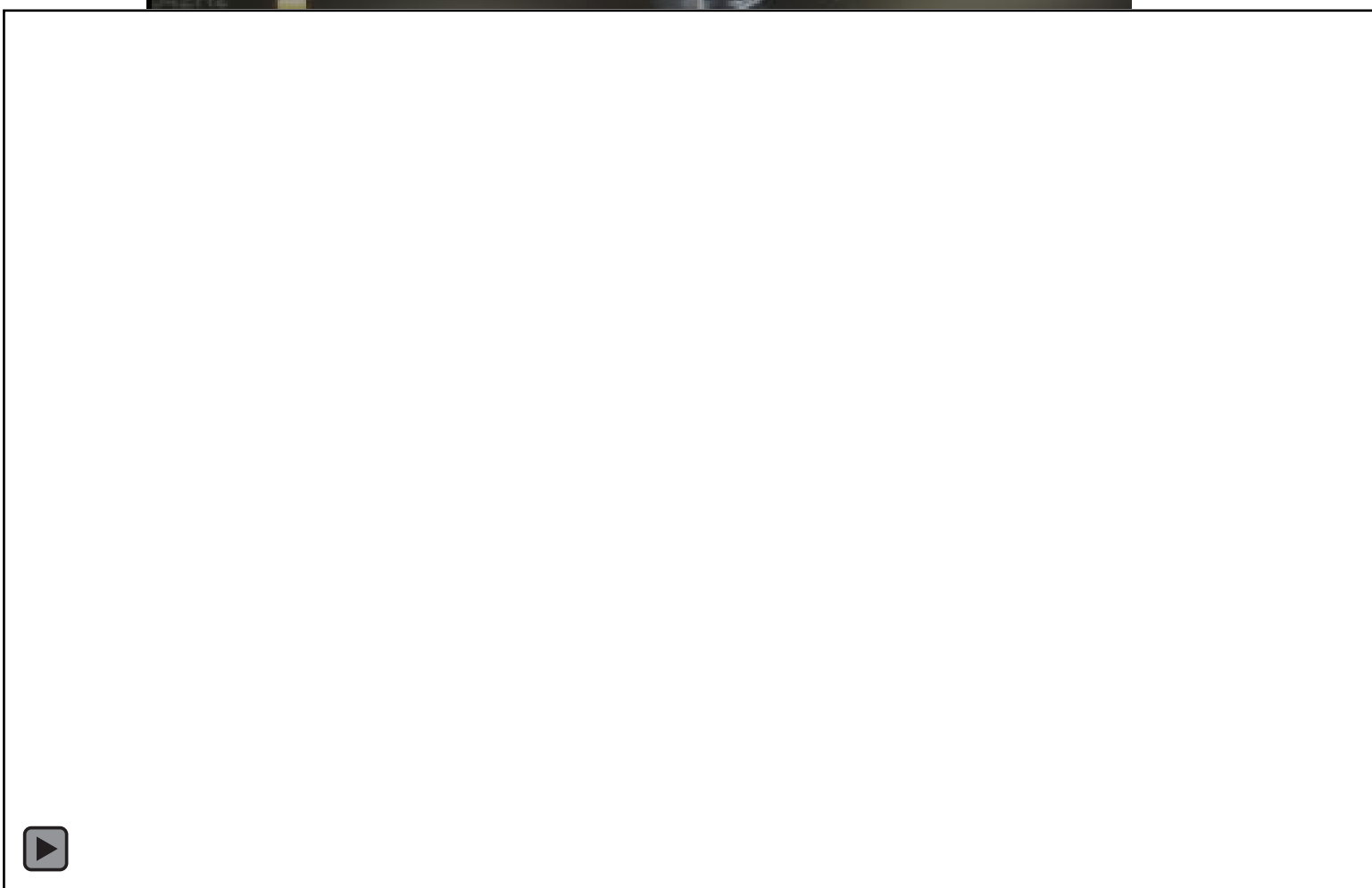
$$\frac{(VPS) - (VTD)}{(VPS)}$$

Normal < 0,7



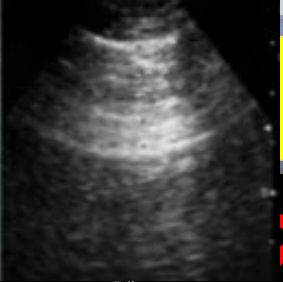
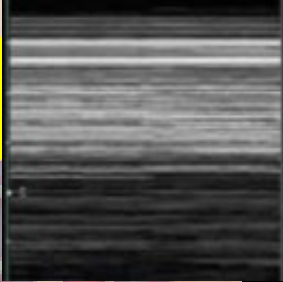


$$RRI = (PSV - PDV) / PSV$$

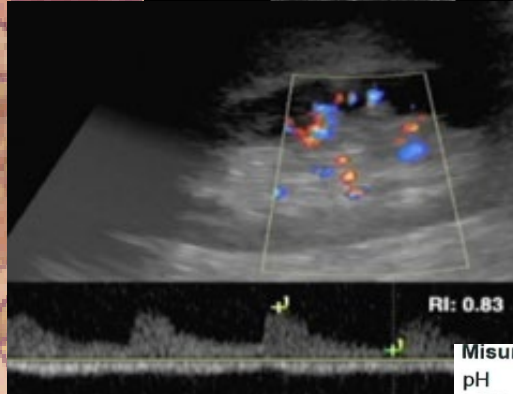
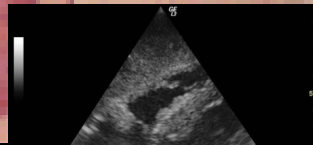
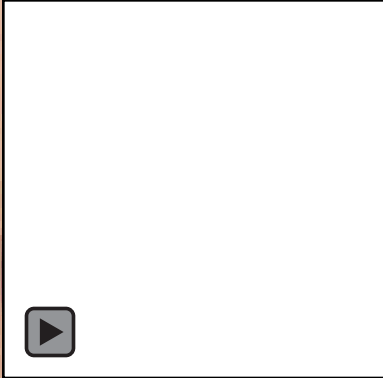
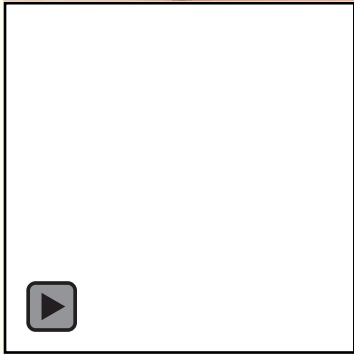
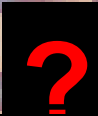
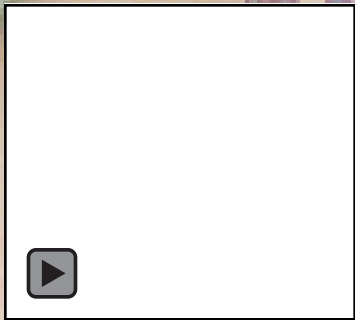




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Misurati (37.0°C)

pH	< 6.80
pCO ₂	⇓ 9
pO ₂	↑ 147
Na ⁺	↓ 126
K ⁺	↑ 7.3
Cl ⁻	88
Ca ⁺⁺	↓ 1.46
Hct	50
Glu	> 750
Lac	↑ 2.5
CO-Ossimetro	
tHb	14.6
O ₂ Hb	95.8
COHb	2.5

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PALERMO 5-7 Ottobre
XXVIII CONGRESSO
NAZIONALE



GRAZIE